

Think Well on't;
Marydget OR, *S. Mary*
REFLECTIONS
her ON THE *Book*
GREAT TRUTHS
OF THE
CHRISTIAN RELIGION.

For every Day in the Month.

The THIRD EDITION Corrected.

L O N D O N:

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DIRECTIONS for the Use of the following CONSIDERATIONS.

1. **M**AKE Choice of a proper Time and Place for Recollection; and shut the Door of thy Heart as much as possible against the World, and its distracting Cares and Affections.
2. Place thyself in the Presence of thy God, representing him to thyself by a lively Faith, as filling Heaven and Earth with his incomprehensible Majesty, or as residing with all his Attributes in the very Center of thy own Soul. Prostrate thyself in Spirit before him, to adore this Sovereign Lord; make an Offering of thy whole self unto him; and humbly beg Pardon for all thy past Treasons against him.
3. Implore with Fervour and Humility his Light and Grace, that the great Truths of the Gospel may make a due Impression upon thy Soul; that thou may'st effectually learn to fear him, and to love him.
4. Read leisurely, and with serious Attention, the Chapter for the Day: Give thy Soul Time to digest what thou art reading; and pause more particularly on those Points which affect thee most.

DIRECTIONS, &c.

5. *That thy Reading may partake the more of the Nature of mental Prayer, strive to draw from thy Considerations such Affections as are suitable to the Subject, by stirring up, for Example, in thy Soul the Fear and Love of God; a Confidence in his Goodness; a Sense of Gratitude for his Benefits; the Horror of Sin; a sincere Repentance for thy own past Sins, and such like: Open thy Heart as much as thou canst to these Affections, that so these great and necessary Virtues may take the deeper Root there.*
6. *Conclude thy Considerations with holy Resolutions of Amendment of Life, consisting in particular on the Failings to which thou art most subject; and firmly determine with thyself to begin to put these Resolutions in Execution, upon such Occasions as may occur that very Day.*
7. *Often reflect in the Day-time on the chief Points of thy Consideration; lest the Enemy rob thy Soul of this divine Seed, by making thee quickly forget what thou hast been reading and considering.*

Think

Think Well on't ;
O R,
REFLECTIONS
O N
The GREAT TRUTHS of the
Christian Religion.

C H A P. I.

On the Necessity of Consideration.

• The First DAY.

CONSIDER, *1st*, Those Words
of the Prophet *Jeremias*, *With*
Desolation is the whole Earth laid
desolate, because there is no one
who thinks in his Heart ; Jerem. 12. v. 11.
And reflect how true it is, that the Want

of *Consideration* on the great Truths of Christianity, is the chief Source of all our Evils. Alas! The greatest Part of Men seldom or never think either of their first Beginning, or last End: They neither consider who brought them into the World, nor for what; nor reflect on that Eternity, into which they are just about to step. Hence all their Pursuits are earthly and temporal, as if they were only made for this Life, or were to be always here. Death, Judgment, Heaven, and Hell, make but little Impression upon them, because they don't give them Leisure to sink deep into their Souls by the Means of serious *Consideration*. They run on with their Eyes shut to the Precipice of a miserable Eternity, and only then begin to think, when they find themselves lodg'd in that Place of Woe, where *their Worm shall never die, and their Fire shall never be quenched*. Ah! my poor Soul, take care that this be not thy Case!

Consider, 2dly, That we cannot be saved without *knowing* God, and *loving* him above all Things. Now we can neither *know* him, nor *love* him as we ought,

ought, without the Help of *Consideration*. 'Tis this which discovers to us the infinite Perfections of this *sovereign Being*; his charming Beauty; his eternal Love for us, and all the Benefits which he has bestowed upon us his most undeserving and ungrateful Creatures: All which, alas! make no Impression on us without serious *Consideration*. All Things that are about us, the Heavens, the Earth, and every Creature therein, cease not to preach God unto us, and invite us to love him: But without *Consideration* we are deaf to this Voice of the whole Creation; we are like those that have Eyes, and see not; that have Ears, and hear not. Ah! the great and dreadful Mischief; that follow from the Want of that true Knowledge of God, which is the Fruit of daily *Consideration*! Is it not upon this Account that the whole World is over-run with Wickedness? and that Hell opens wide its Jaws, devouring without End or Number the unhappy Children of Adam, because God is forgot, *because there is no Knowledge of God upon Earth?* Osea 4. v. 1.

Consider, 3dly, That to save our Souls we must also know ourselves: We must know our Misery and Corruption, that we may be humble, and diffide in ourselves; we must know our irregular Inclinations and Passions, that we may fight against them, and overcome them; we must study and watch the Motions of our own Hearts, that we may not be surpris'd by Sin, and sleep in Death. And how can this all necessary Knowledge of ourselves, this Science of the Saints, be acquired without the Help of daily *Consideration*? Ah! How unhappy are they who know all Things else, and are Strangers to themselves! Let us then daily pray with St. *Augustin*, *Noverim te, noverim me*; Lord give me Grace to know thee, Lord give me Grace to know myself: And let us labour for these two most necessary Sciences by frequent *Consideration*.

Consider, 4thly, That in order to nourish in our Souls the wholesome Fear of God, which is the Beginning of true Wisdom, and spur ourselves on in the Way of Virtue, we must also seriously reflect on the Enormity of Sin, and
the

the Hatred God bears unto it ; on the dreadful Effects of Sin in the Soul, and on the Multitude of our own Sins in particular ; on the Vanity, Misery, and Deceitfulness of the World ; on the Comfort and Happiness that attends a virtuous Life ; on the Shortness of Time, and the dreadful Length of a miserable Eternity ; on the Certainty and Uncertainty of Death, and the Sentiments we shall have when we come to die ; on the small Number of the Elect, &c. Ah, Christians, let us not neglect this great Means of Salvation ! 'Twas the *Consideration* of these Truths that has made so many Saints ; that has so often reclaimed even the most abandon'd Sinners. O ! what a profound Lethargy must that Soul be in, which is not roused at the Thunder of those dreadful Truths, Death, Judgment, Hell, Eternity !

Consider, 5thly, The bitter but fruitless Repentance of the Damn'd, condemning their past Folly, in having thought so little on those Things on which they shall now think for all Eternity. Senseless Wretches as we were !

we had once our Time, when, by thinking upon this miserable Eternity, we might have escaped it. Those endless Joys of Heaven were offered us at a cheap Rate, when a little Reflection on them might have put us in the Way of securing to ourselves the everlasting Possession of them. But, alas! we would not think then; and now 'tis too late. O my Soul, learn thou to be wise by their Misfortune: Reflect in this thy Day, on the Things that appertain to thy eternal Peace; think well on thy last End; meditate on the great Truths of the Gospel. Thou must either think of them now, or hereafter, when the Thought of them will only serve to aggravate thy Misery for all Eternity.

C H A P. II.

On the End of our Creation.

The Second DAY.

CONSIDER, *1st*, Christian Soul, that so many Years ago, thou wast

wast not yet come into the World, and that thy Being was a mere Nothing. The World had lasted near upon six thousand Years, with innumerable Transactions and Revolutions in every Nation, and where wast thou all that while? Alas! Thou wast ingulfed in the deep Abyfs of Nothing, infinitely beneath the Condition of the meanest Creature upon Earth; and what could'st thou do remaining there? Learn then to humble thyself, whatever Advantages thou may'st enjoy of Nature or Grace, since of thyself thou art Nothing; and all that thou hast above Nothing has been given or lent thee by thy Maker. Ah! poor Wretch, what hast thou to be proud of? Or what canst thou call *thy own*, but Nothing, and Sin, which is worse than Nothing?

Consider, 2dly, That the Almighty Hand of God, descending into that deep Abyfs of Nothing, has drawn thee forth from thence, and given thee this Being which thou now enjoyest, the most accomplish'd and perfect of any in this visible World, capable of knowing and loving God in this Life, and design'd

for an everlasting Happiness with him in the next. Admire and adore the Bounty of thy God, who from all Eternity has design'd this Being for thee, preferably to so many Millions of others which he has left behind, that had as fair a Title to a Being as thou hadst. Look forward into that immense Eternity for which thou hast been created, and thankfully acknowledge, that the Love thy God bears thee has neither Beginning nor End, but reaches from Eternity to Eternity.

Consider, 3dly, That being created by Almighty God, and having received thy whole Being from him, by the justest of all Titles thou belongest to him; and art obliged to consecrate to his Service all thy Powers, Faculties, and Senses; and art guilty of a most crying Injustice, as often as thou abusest any Part of thy Being, by employing it in the Pursuit of Vanity and Sin. Ah! my poor Soul, how little have we hitherto thought of this? How small a Part of our Thoughts, Words, and Deeds, has been referred to him who is our first Beginning, and therefore ought to be the last End of all our Actions?

Be

Be confounded at so great an Abuse; repent and amend.

Consider, 4thly, That God, who gave thee thy Being, and who created all Things else in this visible World for thy Service, has created thee for himself alone. Not that he stood in need of thee, or can receive from thee any Increase or Addition to his Happiness; but that he might give thee his Grace in this Life, and the endless Joys of his Kingdom in the next. Stand astonish'd, Christian Soul, at the Bounty of thy Creator, in making thee for so noble an End; and since thou wast made for God, be ashamed to content thyself with any Thing less than God: Learn then to contemn all that is Earthly and Temporal, as Things beneath thee, and unworthy of thy Affection. Lament thy past Folly, and that of the far greatest Part of Mankind, who spend their Days in vain Amusements, in restless Cares, about painted Toys and mere Trifles; and seldom or never think of that great End, for which alone they came into this World.

Consider,

Consider, 5thly, That all the Powers and Faculties of thy Soul, thy Will, thy Memory, thy Understanding, and all the Senses and Parts of thy Body, were all given by thy Creator, as so many Means to attain to this End of thy Creation, to be employ'd during thy short Abode in this transitory Life, in the Service of thy God, and so to bring thee to the eternal Enjoyment of him in the sweet Repose of his blessed Kingdom. Alas! my Soul, have we not perverted all these Gifts of our Maker, in turning them all against the Giver? Have Mercy on us, O Lord, have Mercy on us; pardon our past Treasons, and give us Grace now to begin to be wise for Eternity.

C H A P.

C H A P. III.

On the Benefits of GOD.

The Third DAY.

CONSIDER, Iſt, My Soul, how many and how great are thy Obligations to the Bounty of thy God. He has thought of thee from all Eternity; he has loved thee from all Eternity: All those Blessings and Favours, which he has bestowed upon thee in Time, he designed for thee from all Eternity: They are all the Consequences of his eternal Love for thee. Is it possible that so great a God, the most High, and the most Holy, who dwells in Eternity, should set his Affections upon such a poor sinful Worm of the Earth! Is it possible, my Soul, that thou shouldst have had a Place from all Eternity in the Heart of thy God; and that this eternal Mind should never have been one Moment without thinking on thee! Ah! poor Wretch, what Return hast thou

thou made for this ancient Love? How late hast thou loved him, who has loved thee from all Eternity? How little hast thou thought of him, who always thinks on thee?

Consider, 2dly, That thy God has not only given thee by *Creation* thy Soul and Body, with all their Powers and Faculties, and, in a word, whatever thou hast, and whatever thou art; but also preserves them each Moment by the Benefit of *Conservation*, which may be call'd a *continual Creation*. For as nothing but his Almighty Hand could give thee this Being, so none but he could preserve thee from falling back into thy former Nothing; which must infallibly have happened to thee, if thy God had but for one Moment withdrawn his supporting Hand. Poor Sinner! why didst thou not think of this, when by thy repeated Crimes thou wast waging War with thy God; and he with incomparable Love was Night and Day watching over thee? How didst thou dare presume so often and for so long a time to provoke him, who held the Thread of thy Life in his Hand, and
who

who every Moment could have crush'd thee into Nothing, or cast thee headlong into Hell? O! Blessed by all Creatures be his Mercy for ever, for having borne with thee so long.

Consider, 3dly, The inestimable Benefit of our Redemption, by which our loving God has rescued us from Sin, and from Hell the just Reward of Sin. Alas! my poor Soul, we must have been lost for ever, had not this soveraign Maker and Lord of Heaven and Earth loved us to that Degree, as to deliver himself up to the most cruel and ignominious Death of the Cross for our Redemption. *Greater Love than this no Man hath, that one lay down his Life for his Friend; St. John 15. v. 13.* But, O dear Lord, thou hast carried thy Love much farther than this, in dying for those who by Sin were thy declared Enemies; in dying for such ungrateful Wretches, as would scarce ever thank thee for thy Love, and seldom or never so much as pity thy Sufferings, or take any notice of them. Ah! Christians, what shall we most admire, to see this great Monarch
of

of Heaven and Earth (in comparison with whom the whole Creation is just nothing, or rather less than nothing) expiring on a Cross for such despicable Worms as we are? or to see those, who believe this amazing Truth, take so little notice of this immense Love, which will be a just Subject of Astonishment to Men and Angels for all Eternity?

Consider, 4thly, How much we owe to God for having call'd us to the true Faith, preferably to so many Millions, whom he has left behind in Darkness and the Shades of Death. Alas! poor Souls, how deplorable is their Condition, void as they are of the Knowledge of *Jesus Christ*, or of his only Spouse the true Catholick Church! How little do they think of God, or of the Life to come! With how little Apprehension or Remorse do they run on from Sin to Sin, and die impenitent! Ah! the Goodness of God, that has not suffered us to fall into such Misery, tho' born and bred up amidst a People seduced by Error! or, if we have also had the Misfortune, like
our

our Neighbours, to have gone astray from the Womb, has by a more distinguishing Mercy drawn us out of the Dragon's Jaws, and brought us to his Fold, the Catholick Church! Blessed be our God for ever for all his Mercies. O! what an inestimable Happiness it is, to have, by the Means of this Grace of Vocation, God himself for our Father, and his Holy Church for our Mother! To pass this transitory Life in the happy Society of the only Spouse of God's only Son! to be daily Partakers of the Sacraments, those heavenly Conduits of divine Grace! to live and die in the Communion of the Saints, &c. Ah! *Blessed is the People who have the Lord for their God; Ps. 143.*

Consider, 5thly, Christian Soul, whoever thou art, the particular Providence of God towards thee: With how many Graces he has prevented thee from thy tender Years: From how many Misfortunes he has preserved thee. Has he not borne with thee for a long time, whilst others have been cut off in their Sins? Are there not Millions now burning in Hell for lesser Sins than

than thou hast committed? Reflect on the Advantages thou hast received above Thousands: What Conveniences of Life, what Friends, what Health, &c. whilst so many, more worthy than thyself, have been abandon'd to Poverty and Misery. Ah! admire the unspeakable Goodness of thy God to thee: Be astonish'd and confounded at thy past Ingratitude: Resolve from henceforth never to cease giving him Thanks, and blessing his Name.

CHAP. IV.

On the Dignity and Obligations of a Christian.

The Fourth DAY.

CONSIDER, 1st, That every Christian by Nature, and inasmuch as he is a Man, is the most perfect of all visible Creatures, endowed with Understanding and Reason; composed of a Body whose
Structure

Structure is admirable, and of a spiritual and immortal Soul, created to the Image and Likeness of God, and capable of the eternal Enjoyment of him; enriched with a Free-will, and advanced by his Creator to the Dignity of Lord and Master of all other Creatures; tho' not designed to meet with his Happiness in any of them, but in the Creator alone. Ah! my Soul, hast thou hitherto been sensible of the Dignity of thy Nature? Hast thou not too often, like brute Beasts, looked no farther than this Earth; that is, these present material and sensible Things? Hast thou not too often made thyself a Slave to Creatures, which were only made to serve thee?

Consider, 2dly, That every Christian by Grace, and inasmuch as he is a Christian, has been by the Sacrament of Baptism advanced to the Participation of the Divine Nature, and made the adopted Child of God, Heir of God, and Co-heir with *Christ*. He has been made the Temple of the most High, consecrated by the sprinkling of the Blood of *Christ*, and the Unction of his Grace; and has received at the same
time

time an unquestionable Right and Title to an everlasting Kingdom. O! Christian Soul, didst thou ever yet entertain a serious Thought of the Greatness of this Dignity to which thou hast been raised at thy Baptism? How has thy Life corresponded to this Dignity? O Child of Heaven, how long wilt thou be a Slave to the Earth?

Consider, 3dly, That as the Dignity of a Christian is very great, so also the Obligations that attend this Dignity are greater than the Generality of Christians imagine. These Obligations are in short comprized in our Baptismal Engagements. The first Condition, upon which we were by Baptism adopted into God's Family, was that of *Faith*. The Minister of *Christ* examined us at the Font upon every Article of our Belief; and to each Interrogation we answer'd by the Mouths of our Godfathers and Godmothers, *Credo, I do believe*. What has thy Faith been, O my Soul? Has it been conformable to this thy Profession? Has it been *Firm* without wavering? Has it been *Generous*, so as not to be ashamed of the Doctrine of
thy

thy heavenly Master, or the Maxims of his Gospel? Has it shewed itself in thy Actions? Or hast thou not been of the Number of those whose Life gives the Lie to their Faith? of whom the Apostle complains, *Tit. 1. Who make Profession of knowing God, but deny him by their Works.*

Consider, 4thly, That at our Baptism we made a solemn Renunciation of *the Devil*, and *all his Works*, and *all his Poms*. Have we ever seriously reflected upon this Renunciation? Or do we rightly understand the Obligations of it? And yet our Title to the Inheritance of our heavenly Father is forfeited in the Moment that we are false to this sacred Engagement. Ah! my Soul, if thou hast renounced Satan, take Care that in the Practice of thy Life thou keep far from him: Take Care thou be no longer his Slave by Sin. Fly from all *his Works*, the Works of Darknes: Let him henceforth find nothing in thee, that he may claim for his own, and by Means of which he may also lay Claim to thee. Despise his vain *Poms*, the false Appearances of worldly Grandeur,

Grandeur, the Prodigality, Vanity, and sinful Divertisements, by which he cheats poor Worldlings into his Nets: And, if at any time thou art invited to take Part in these Fooleries, repeat to thyself those Words of St. *Augustin*, *What hast thou to do with the Pumps of the Devil, which thou hast renounced?*

Consider, 5thly, That at Baptism each one of us, according to the ancient Ceremony of the Catholick Church, was clothed with a white Garment, which the Minister of *Christ* gave us with these Words: *Receive this white Garment, which thou shalt carry without Spot or Stain before the Judgment-seat of Christ.* Happy Souls, that comply with this Obligation! What a Comfort will it be to them in Life, what a Joy and Satisfaction in Death, to have kept this Robe of Innocence undefiled! But, O! Baptismal Innocence, where shall we find thee in this unhappy Age? O! Blindness and Stupidity of the Children of *Adam*, that part so easily with such an inestimable Treasure. Alas! my poor Soul, has it not been thy Misfortune? O make haste to wash away,
with

with penitential Tears, those dreadful Stains of Sin, which otherwise must be the eternal Fuel of Hell's merciless Flames.

C H A P. V.

On the Vanity of the World.

The Fifth DAY.

CONSIDER, *1st*, Those Words of the wisest of Men, *Eccles. 1. Vanity of Vanities, and all is Vanity*: And reflect how truly *vain* are all those Things which deluded Worldlings seek with so much Eagerness. Honours, Riches, and worldly Pleasures, are all but painted Bubbles, which look at a distance as if they were something, but have nothing of real Substance in them; and, instead of a solid Content and Joy, bring nothing with them but a trifling Satisfaction of a Moment, follow'd with

Cares, Uneasiness, Apprehensions, and Remorse. Ah! Bubbles indeed, which their Admirers no sooner offer to lay hold on, but they dissolve into Air, and leave their Hands empty! O! how justly were all worldly Enjoyments by the Royal Prophet liken'd to a Dream? *Dormierunt somnum suum, & nihil invenerunt omnes viri Divitiarum in manibus suis*; Psalm 75. They have slept out their short Sleep, and when they wake they find nothing in their Hands of all those Things, which in their Dream they seemed to possess. O! ye Sons of Men, how long will you be in Love with Vanity, and run after Lies? Psal. 4.

Consider, 2dly, That Saying of St. Augustin, L. 1. Confes. C. 1. *Thou hast made us, O Lord, for thyself; and our Hearts cannot rest till they rest in thee*: And reflect, that our great Creator has given us a noble Soul, made to his own Image, and, like him, Spiritual and Immortal; which therefore can never find its Happiness in earthly and fading Things. No, my Soul, thou hast an Understanding and Will capable of contemplating on the sovereign Beauty and
sovereign

sovereign Truth, and of enjoying the one supreme infinite Good; and whatever is less than him, is not worthy of thee. Ah! resolve then no longer to tire thyself, and waste away thy Spirits, in running like a Child after these Butterflies: But since thou can'st not be without seeking for Happiness, seek it in God's Name where it is to be found, that is, in the Way of Virtue and Devotion, and not in the By-paths which lead to endless Misery.

Consider, 3dly, The Shortness of all worldly Enjoyments. Man's Days are very short: The longest Life is less than one Moment, if compared with Eternity. A thousand Years in the Sight of God, that is, in the very Truth, are but as Yesterday that is past and gone, Psal. 89. Alas! does not daily Experience shew us, that we are here To-day, and gone To-morrow; and no sooner out of Sight, but out of Mind too? For as soon as we are in the Grave, those that we leave behind think no more of us. All Flesh is Grass, says the Prophet Isaiah, ch. 40. and all the Glory

of it is but like that of the Flower of the Field. And what is that, but flourishing in the Morning, and fading in the Evening? O! how truly is our Life liken'd by St. James, ch. 4. to a Vapour, or a thin Smoak, which is dispers'd by the first Puff of Wind, and we see no more of it? How justly is it compared by Solomon, *Wisdom*, ch. 5. to a Shadow, or to the passing of a Bird upon the Wing, or an Arrow from the Bow, which leaves no Mark behind it? Ah! How vain it is to set our Hearts upon what we must leave so soon!

Consider, 5thly, What is now become of all those great ones of this World, those mighty Monarchs, those gallant Generals, those wise Statesmen, those celebrated Beauties, &c. which made such a Figure an hundred Years ago? Alas! they are all long since dead and gone; and now few or none ever think of them, or scarce know there ever were any such Persons: Just so will it be with us a few Years hence. Ah! Worldlings give Ear for one Moment to those that are gone before you, who, from their
 silent

silent Monuments, where the Remainder of their Dust lies mingled with the common Earth, call upon you in the Words of the wise Man; *Memento judicii mei; sic enim erit & tuum: mihi heri, tibi hodie*; Eccles. 38. Remember what we are to come to; it will soon be the same with you: It was our Turn Yesterday, it will be yours To-day. We once had our Parts to act upon the Stage of the World; we once were young, strong and healthy, as you are now, and thought as little as you of what we are now come to: Like you, we set our Hearts upon those Trifles and Toys, that we could but enjoy for a Moment; and for these we neglected Eternity. Senseless Wretches as we were, we chose rather to be Slaves to a cheating World, to unconstant perishable Creatures, which abandon'd us so soon, than to serve that Lord and Master to whom nothing dies; and who neither in Life nor Death ever forsakes those that forsake not him. O! Christians, let us take this Warning: Let the Miscarriages of so many others teach us to be wise: Let us not set our Hearts on this

miserable World; nor look upon any Thing truly great, but that which is Eternal.

C H A P. VI.

On the Happiness of serving God.

The Sixth DAY.

CONSIDER, 1st, Those Words of the Prophet *Isaiah*, *Say to the just Man, It is well*, *Isai. 3.* And reflect on the manifold Advantages which this short Word *well* comprizes and ensures to the Just, both for Time and Eternity. Honour, Riches, and Pleasure are the Things on which the World sets the greatest Value: But they are not to be found where the World seeks them, but only in the Service of God. Can any Honour upon Earth be comparable to that of being a Servant, a Friend, an adopted Son of the great King of Heaven? Such a Soul is far more dignified in the Eyes of God and his

his Angels, than the greatest Emperor in the Universe. She is a Child of the eternal Father, a Spouse of the eternal Son, a Temple of the eternal Spirit; Heiress to the Kingdom of Heaven, and Sister and Companion to the Angels. O! my Soul, let such Honours as these be the only Objects of thy Ambition.

Consider, 2dly, That the truest Riches are to be found in the Service of God; not indeed always those worldly Possessions, which are attended with so many Cares and Fears; which are daily exposed to so many Accidents; and which are not capable of satisfying the Heart: But the inestimable Treasure of the Grace of God, which is the Seed of everlasting Glory; the Gifts of the Holy Ghost; the Love of God; in a word, God himself; whom the whole World cannot take from the Soul, unless she be so miserably blind as to drive him away by mortal Sin. Add to this the fatherly Providence of God over the Just; that his Eyes are always upon them to take Care of their Welfare:

That

That his Angels always encamp about them to guard them by Night and by Day, *Pf. 33. v. 8.* That as he formerly said to *Abraham, Gen. 15.* *He himself is their Protector, and their Reward exceeding great.* He is their Friend, and the best of Friends; the Shepherd of their Souls, who leads them out to his admirable Pastures, to the Fountains of living Water. His Tenderneſs towards them is beyond that of a Father, nay beyond that of the tenderest Mother, *Iſai. 49. v. 15, 16.* In ſhort, God is all Things to thoſe that fear him. O! my Soul, ſeek no other Treafure than him. Fear nothing but the loſing him. If thou haſt him, nothing can make thee miſerable; but without him nothing can make thee happy.

Conſider, 3dly, The Pleaſures that attend a virtuous Life; the Satisfaction, Peace, and Joy of a good Conſcience, which by the wiſe Man is liken'd to a continual Banquet; the Conſolations of the Holy Ghoſt; the comfortable Expectation of a happy Eternity after our Exit out of this Vale of Tears; a holy Confidence in the Protection
and

and Providence of God, and a perfect Conformity in all Things to his blessed Will. From these Fountains flow such Delights, as cannot be conceived by Worldlings who have no Experience of them; Pleasures pure and spiritual, which sweeten all the Crosses of this Life, are an unspeakable Comfort in Death, and carry with them a certain Foretaste of the immortal Joys of Heaven. Whereas all worldly Pleasures, like the World itself, are false and deceitful, always besprinkled with something of Bitterness; and attended with Uneasiness, followed with Remorse, and end at last in eternal Sorrow.

Consider, 4thly, That Saying of our Saviour, *One Thing is necessary*; Luke 10. v. 42. And what is that one Thing, O my Soul, which alone can make thee happy, both here and hereafter? It is to serve thy God; and to provide in earnest for Eternity. All Time compar'd to Eternity is less than nothing. So are all temporal Concerns, if compared with the Concern of Eternity. This in reality is thy only Business: If thou takest Care of this, all is well; if thou neglect
this,

this, all is lost, and lost for ever. As for all other Things of which thou may'st stand in need in this Life, give Ear again to the same Saviour, *Mat. 6. v. 33. Seek first the Kingdom of God and his Justice, and all these Things shall be given you over and above.* Conclude then, my Soul, since both thy temporal and eternal Welfare depends on serving God, to make this for the future thy only Care. Thus only shalt thou meet with true Comfort here: Thus only shalt thou come to never-ending Happiness hereafter.

C H A P. VII.

On DEATH.

The Seventh DAY.

CONSIDER, *1st*, That there is nothing more certain than Death. *It is appointed for all Men once to die: And, after that, Judgment.* The Sentence

tence is general, 'tis pronounced upon all the Children of *Adam*; neither Wealth, nor Strength, nor Wisdom, nor all the Power of this World, can exempt any one from this common Doom. From the first Moment of our Birth we are hastening to our Death: Every Moment brings it nigher to us. The Day will come, it will certainly come, and only God knows how soon, when we shall never see the Night. Or the Night will come, when we shall never see the ensuing Morning: The Day will most certainly come, when thou, my Soul, must bid a long Farewell to this cheating World, and all that thou hast admired therein; and even to thy own Body, the individual Companion of thy Life; and take thy Journey to another Country, where all, that thou settest a Value upon here, will appear as Smoak: Learn then to despise this miserable World, and all its Enjoyments, with which thou must part so soon, whether thou wilt or no.

Consider, 2dly, That as nothing is more certain and inevitable than Death, so nothing is more uncertain than the
Time,

Time, the Place, the Manner, and all other Circumstances of our Death. "O my Soul, says St. *Francis Sales*, thou must one Day part with this Body: But when shall that Day be? Shall it be in Winter, or in Summer? In the City, or in the Country? By Day, or by Night? Shall it be suddenly, or on Notice given thee? Shalt thou have Leisure to make thy Confession? Shalt thou have the Assistance of thy ghostly Father?" Alas! Of all this thou knowest nothing at all: Only certain it is, that thou must die; and that, as it almost always happens, much sooner than thou imaginest.

Consider, 3dly, That Death being so certain, and the Time and Manner of it so uncertain, it would be no small Comfort, if a Man could die more than once, that so if he should have the Misfortune once to die ill, he might repair the Fault by taking more Care a second Time. But, alas! we can die but once: And when once we have set our Foot within the Gates of Eternity, there is no coming back. If we die once well, it will be always well: But if once ill, it will

will be ill for all Eternity. O! dreadful Moment, upon which depends an endless Eternity! O blessed Lord, prepare us for that fatal Hour.

Consider, 4thly, The Folly and Stupidity of the greatest part of Men, who tho' they daily see some or other of their Friends, Acquaintance or Neighbours carried off by Death, and that very often in the Vigour of their Youth, very often by sudden Death, yet always imagine Death to be at a distance from them; as if those Arrows of Death, which are falling on all sides of them, would not reach them too in their turn, or as if they had any greater Security than so many others who are daily swept away. Senseless Worldlings! Why will you not open your Eyes? Why will you fondly imagine yourselves secure from the Stroke of Death, when you cannot so much as promise yourselves one single Day of Life? How many will die before the End of this Month, that are as young, as strong, and as healthy as you are. Who knows but you may be of that Number? Ah! Christians, take care lest you be surprised. Set your House in Order:

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And for the future fly from Sin, the only Evil which makes Death terrible: Live always in those Dispositions in which you would gladly be found at the Hour of your Death. To act otherwise, is to renounce both Religion and Reason.

Consider, 5thly, The State and Condition of this corruptible Body of ours, as soon as we are dead: Alas! it immediately becomes pale, stiff, loathsome and hideous; insomuch, that our dearest Friends can scarce endure to watch one Night in the same Room with it, much less bear to lie in the same Bed. And so fast does it tend to Stench and Corruption, that its nearest Relations are the first to desire to get it out of the House, and to lay it deep under Ground, that it may not infect the Air. But what Companions, what Attendance must it meet with there? Worms and Maggots. For these, O Man, thou art pampering thy Body: These are to be thy Inheritance; or rather, they are to inherit thee: Whatever thou art To-day, To-morrow, thou art to be the Food of Worms. Ah! Worldlings, that are enamour'd with your own or others Beauty, and thereby

too

too often drawn from your Allegiance to God, vouchsafe for once to reflect upon the Condition to which both you and they must so soon be reduced, and you will see what little Reason you have to set your Affections upon these painted Dunghills, which will so quickly betray what they are, and end in Noisomeness and Corruption. We read, that St. *Francis Borgia* was so touched with the bare Sight of the ghastly Countenance of the Empress *Isabella* after Death, whom he had seen a little before in all her Majesty, and all her Charms, as to conceive an eternal Disgust of this World, and a happy Resolution of consecrating himself wholly to the Service of that King who never dies. Let the like Consideration move us to the like Resolution.

C H A P. VIII.

*On the Sentiments we shall have at
the Hour of our Death.*

The Eighth DAY.

CONSIDER, *Ist*, Christian Soul, what will be thy Sentiments at the Hour of Death with regard to this World, and all its perishable Goods, vain Honours, false Riches, and cheating Pleasures. Alas! the World must then end in thy Regard; it will turn upside down before thy Eyes; and thou wilt begin to see clearly the Nothingness of all those Things on which thou hast here set thy Heart. How wilt thou then despise all worldly Honours, and Preferments, when thou seest thyself at the Brink of the Grave, where the Worms will make no Distinction between the King and the Beggar? How little Account wilt thou then make of the Esteem of Men, who now will think no more of thee? How wilt thou undervalue thy Riches, which must now be left behind thee; when six

Foot

Foot of Land, a Coffin and a Shroud will be all thy Possession? How despicable will all worldly Pleasures then seem to thee, which at the best could never give thee any true Satisfaction, and now fly from thee, and dissolve into Smoke in thy Sight. Ah! my poor Soul, enter now into the same Sentiments which thou shalt certainly have at the Hour of thy Death; thus, and only thus, thou shalt be out of Danger of being put upon by this deceitful World.

Consider, 2dly, What will then be thy Thoughts with regard to thy Sins; when the Curtain will begin to be withdrawn, with which thy busy Self-love has industriously hidden or disguised the Deformity and Malice of thy Crimes; and they shall be set before thy Eyes in their true Light: When so many Things, which thou wast willing to persuade thyself were but small Faults, or none at all, will present themselves before thee in other Kind of Colours, as great and heinous Offences: When that false Conscience, which thou hast framed to thyself, and under the Cover of which thou hast passed over many Things in thy Confessions,

42 *On the Sentiments we shall have*

as slight and inconsiderable, which thou wast ashamed to declare, or unwilling to forsake, shall no longer be able to maintain itself, at the Approach of Death. Ah! what Anguish, what Confusion, what dreadful Temptations of Despair must such a Sight as this give to the dying Sinner! Learn thou, my Soul, to take better Measures now in Time, and thus to prevent so great a Misery.

Consider, 3dly, And take a nigher View of the lamentable State of a Sinner at the Hour of his Death; when all Things seem to conspire against him, and whichever Way he looks for any Ease or Comfort, he can find none. Before his Eyes he sees a whole Army of Sins muster'd up; a Viper's Brood of his own Offspring, which stick close to him, and, assailing him with their united Forces, make him already begin to feel the Gripes of that never-dying Worm of Conscience, which shall be the eternal Torment of the Damn'd. O! how gladly would he shake off this troublesome Company: But all in vain; they are resolved not to leave him. If he looks back into his pass'd Life, to seek for some good Works,

to oppose this Army of Sins, alas! he finds the Good that he has done has been so inconsiderable, so insignificant as to give him no Hopes of its weighing down the Scales, when ballanced with his multiplied Crimes. His very Prayers, the Confessions and Communions which he has made, fly now in his Face, and upbraid him with his wretched Negligence, and his sacrilegious Abuse of these great Means of Salvation. The sight of all Things about him, his Wife, his Children, his Friends, his worldly Goods, which he has loved more than his God, serves for nothing now but to increase his Anguish. And what is his greatest Misery is, that the Agonies of his Sickness give him little or no Leisure or Ability to apply himself seriously to the greatest and most difficult of all Concerns, which is, a perfect Conversion to God after a long Habit of Sin. O! how truly may the Sinner now repeat these Words of the Psalmist; *The Sorrows of Death have encompassed me, and the Perils of Hell have found me, Ps. 114.* O! what unspeakable Anguish must it be to see himself just embarking upon Eternity, an

44 *On the Sentiments we shall have*

infinite and endless Duration, an immense Ocean, to whose further Shore the poor Sailor can never reach; and to have so much Reason to fear, it will be to him an Eternity of Woe.

Consider, 4thly, My Soul, what thy Sentiments will be at the Hour of thy Death, with relation to the Service of God, to Virtue and Devotion: How lovely then will the Way of Virtue appear to thee? How wilt thou then wish to have follow'd that charming Path? O! what a Satisfaction is it to a dying Man to have lived well! what a Comfort to see himself now at an End of all his Labours and Dangers; to find himself at the Gates of eternal Rest, of everlasting Peace, after a long and doubtful War! he may now securely come down from his Watch-tower, and repose himself for ever in the Kingdom of his Father. O! what a Pleasure, what a Joy to look forward into that blessed Eternity! O! how precious in the Sight of God is the Death of his Saints, Ps. 115. Ah! Let my Soul die the Death of the Just, and let my End be like to theirs, Numb. 23. Christians, if we would die the Death
of

of the Just, we must live the Life of the Just: The only security for a good Death, is a good Life.

Consider, 5thly, Or rather conclude from the foregoing Considerations on Death, to make it the whole Business of your Life to prepare for Death. Upon dying well depends nothing less than Eternity: If we die ill, we are lost, and lost for ever. As, then, we came into the World for nothing else, but to provide for Eternity, so we may truly say, we came into the World for nothing else, but to learn to die well. This is the great Lesson which we must all study. Alas! if we miss it, when we are call'd to the Trial, an endless Woe must of necessity be the Consequence. Ah! how hard it is to learn to perform that well, which can be done but once!

C H A P. IX.

On the particular Judgment after Death.

The Ninth DAY.

CONSIDER, *1st*, That the Soul is no sooner parted from the Body, but she is immediately presented before the Judge, in order to give an Account of her whole Life, of all that she has thought, said, or done, during her Abode in the Body; and to receive Sentence accordingly. For that the eternal Doom of every Soul is decided by a particular Judgment immediately after Death, is what we learn from the Gospel, in the Example of *Dives* and *Lazarus*: And the Sentence that passes here will be ratified in the general Judgment at the last Day. Christians, how stand your Accounts with God? What could you be able to say for yourselves, if this Night you should be cited to the Bar? It may perhaps be your Case. Remember that your Lord will come when you least expect him; take care then to be always ready.

Consider,

Consider, 2dly, How exact, how rigorous this Judgment will be, where even the least idle Word cannot escape the Scrutiny of the Judge. O! what Treasures of Iniquity will here come to light, when the Veil shall be removed, which hides at present the greatest part of our Sins from the Eyes of the World, and even from our own; and the whole History of our Lives shall at once be exposed to our View. Good God! who can be able to bear this dreadful Sight? Here shall the poor Soul be brought to a most exact Examination of all that she has done, or left undone, in the whole Time of her Pilgrimage in this mortal Body: How she has corresponded to the Divine Inspirations; what use she has made of God's Graces; what Profit she has reaped from the Sacraments which she has received, from the Word of God which she has heard or read; what Advantage she has made of those favourable Circumstances in which God Almighty has placed her; how she has employed the Talents with which He has entrusted her: Even her best Works

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shall

48 *On the particular Judgment*

shall be nicely sifted; her Prayers, her Fasts, her Alms-Deeds; the Intention with which she has undertaken them, the Manner in which she has perform'd them: All shall be weighed, not in the deceitful Ballance of the Judgment of Men, but in the Scales of the Sanctuary. Ah! how many of our Actions will here be found to want Weight, according to that of *Dan. 5. Thou hast been weigh'd in the Ballance, and art found of too little Weight. O! Enter not into Judgment with thy Servant, O Lord; for no Man living shall be justified in thy Sight, Ps. 142.*

Consider, 3dly, The Qualities of the Judge before whom we must appear. He is infinitely Wise, and therefore cannot be deceived; he is infinitely Powerful, and therefore cannot be withstood; he is infinitely Just, and therefore will render to every one according to his Works. No Favour to be expected at this Day: The Time of Merit and of acceptable Repentance is now at an End. Ah! Christians, think well on't now, whilst it is your Day: You may now wash away your Sins by penitential

tial Tears, and thus hide them from the Eyes of your future Judge ; you may at present tie up his Hands by humble Prayer ; you may appeal from his Justice to the Court of his Mercy, and cause him to cancel the Sentence that stands against you : But at that Day you will find him inexorable : Your Prayers and Tears will then come too late.

Consider, 4thly, The inestimable Comfort that the Souls of the Just shall receive at this Day from the Company of their good Works, which like an invincible Rampart shall surround them on all sides, and keep their hellish Foes at a distance. O ! my Soul, let us take care to provide ourselves such Attendants as these against that Hour, which is to decide our eternal Doom. These are Friends indeed, that will not forsake us even in Death ; and will effectually plead our Cause at that Bar, where no other Eloquence will be regarded.

Consider, 5thly, In what a wretched Plight the Sinner, who has taken no care to lay up any such Provision of
good

good Works, shall now stand before his Judge. O! how all Things now speak to him the melancholy Sentence, that is just now going to fall upon his guilty Head. Whatever Way he looks, he sees nothing that can give him any Comfort; but on the contrary, all Things that contribute to his greater Anguish and Terror. Beneath his Feet he sees Hell open, ready to swallow him up; above his Head, an angry Judge preparing to thunder out against him the irrevocable Sentence of eternal Damnation: On his Right-hand, he sees his Guardian Angel, now abandoning him; on his Left, the Devils, his merciless Enemies, just ready to seize upon him, and only waiting for the Beck of the Judge: If he looks behind him, he discovers a cheating World which now retires from him; if he looks before him, he meets with nothing but a dismal Eternity. Within him he feels the intolerable Stings of a guilty Conscience; and on all sides of him he perceives an Army of hideous Monsters, his own Sins, more terrible to him now than the Furies of Hell. Good God! deli-

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ver me from ever having any share in such a Scene of Misery.

Consider, 6thly, That in order to prevent the Judgment of God from falling heavy upon us after our Death, we must take care now during our Life to judge and chastise ourselves, by doing serious Penance for our Sins. Thus, and only thus, shall we disarm the Justice of God enkindled by our Sins. Let us follow the Advice of him who is to be our Judge, who calls upon us all to *Watch* and *Pray* at all times, that so we may be found worthy to escape these dreadful Dangers, and stand with Confidence before the Son of Man, *Luke 21. v. 36.* Ah! let this Judgment be always before our Eyes: Let us daily meditate on this Account, that we are one Day to give. Let us never forget, that there is an Eye above, that sees all Things; that there is an Ear, that hears all Things; that there is an Hand, that writeth down all our Thoughts, Words, and Deeds, in the great accounting Book; and that all our Actions pass from our Hands, to the Hands of God; that what is done in Time, passeth not away

52 *On the great accounting DAY.*

way with Time, but shall subsist after all Time is past. *O! That Men would be wise, and would understand these Truths, and provide in earnest for their last End!* Deuter. 32.

C H A P. X.

On the great accounting Day.

The Tenth DAY.

CONSIDER, 1st, That nothing can be conceived more terrible than the Prospect, which the Scripture gives us of the last accounting Day, with all the Prodigies that shall go before it. The Sun darken'd, the Moon red as Blood, the Stars without Light, and seeming to fall from the Firmament; the Earth shaken with violent Earthquakes, the Sea swelling and roaring with unusual Tempests, the Elements all in Confusion, and whole Nature in Disorder. *The Day of the Lord*, says the Prophet Joel, Chap. 2. *a Day of Darkness and Obscurity, a Day of Clouds and Whirlwinds.* Before
its

its Face devouring Fire, and behind it burning Flames. The Earth shall tremble at the Appearance of it, and the Heavens be moved at its Sight. The Sun and Moon are darken'd, and the Stars have withdrawn all their Light. And the Prophet Sophonias, Chap. i. cries out, That Day, a Day of Wrath, a Day of Tribulation and Anguish, a Day of Calamity and Misery, a Day of Darknefs and Obscurity, a Day of Mists and Wirldwinds. Can any Thing be more frightful than these Descriptions? Ah! what will then be the Thoughts of sinful Man, who sees himself threaten'd by all these Signs. Alas! he shall perfectly wither away with Fear, in Expectation of that Tragedy, which must follow these dreadful Preludes.

Consider, 2dly, That the last Day being come, a Fire, raging like an impetuous Torrent, shall, by the Command of God, consume the whole Surface of the Earth, and all that is thereon; nothing shall escape it. Where, O Worldlings, will be then all your stately Palaces, your pleasant Seats, your Gardens, Fountains and Grottos? Where your

54 *On the great accounting DAY.*

your Gold, Silver, and precious Stones, &c. Alas! all that you have set your Hearts on in this World, shall in a Moment be reduced to Ashes; to shew you the Vanity of the Things you loved, and your own Folly in placing your Affection upon such glittering Shadows, upon such painted Bubbles, Learn then, my Soul, to despise this World, and all its Goods, since all must end in Ashes and Smoke; and lay up for thyself a Treasure in Heaven, which alone will be out of the reach of this last Fire.

Consider, 3dly, That the final End of this World being now come, the Archangel shall sound the last Trumpet, and raise his Voice with a *Surgite mortui, Arise ye Dead, and come to Judgment*: A Voice, that shall at once be heard over all the Universe, that shall pierce the highest Heaven, and penetrate down to the lowest Abyss of Hell: At this Voice, in an Instant, by God's Almighty Power, all the Children of *Adam*, from the first to the last, shall arise from the Dust, and every Soul shall be again united to its respective Body,

never

never more to part for Eternity. Oh ! my Soul, let this last Trumpet always eccho in thy Ears ! O ! take care to prevent the Terrors of this Summons, by hearkening now to another Summons of the great Trumpet of the Holy Ghost, who calls upon thee by the Mouth of the Apostle, *Arise thou that sleepest, and rise from the Dead*, that is, from the Death of Sin, and Christ shall enlighten thee, Eph. 5. 'Tis thus, by having part in the first Resurrection, thou shalt provide in Time against that dreadful Hour when *Time shall be no more*, Apoc. 10. 'Tis thus thou shalt escape the second Death.

Consider, 4thly, The wonderful Difference there will be, at the Time of this general Resurrection, between the Bodies of the Just, and those of the Wicked. The Just shall arise in Bodies most beautiful, more pure than the Stars, more resplendent than the Sun, immortal and impassible : But the Wicked shall arise in Bodies suitable to their Deserts, foul, black, hideous, and every way loathsome and insupportable ; immortal, 'tis true, but to no other End than

56 *On the great accounting DAY.*

than to endure immortal Torments. What an inexpressible Rack will it be to these wretched Souls, to be forced into such Carcasses, to be condemn'd to an eternal Confinement in so horrid, so filthy an Abode ! Ah ! take thou care, my Soul, to keep thy Body now pure from the Corruption of carnal Sins, least otherwise it be one Day an Aggravation of thy eternal Misery.

Consider, 5thly, With how much Satisfaction and Joy the Souls of the Just shall be united again to their Bodies, which they have so long desired ; with what Affection they shall embrace those fellow Partners of all their Labours, of all their Sufferings and Mortifications ; and now design'd, by sharing in the Glory of the heavenly *Sion*, to give an Addition to their eternal Happiness. But O ! what dreadful Curses shall pass at the melancholy Meeting of the Souls and Bodies of the Reprobate ! Accursed Carcase, will the Soul say, was it to please thee, to indulge thy brutish Inclinations, that I have forfeited the immortal Joys of Heaven ? Ah ! Wretch, to give thee a filthy Pleasure for a Moment, I have
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damn'd both myself and thee to all Eternity. O thrice accursed Carrion, 'tis just, 'tis just, that thou, who hast been the Cause of my Damnation, shouldst be my Partner in eternal Woe. But oughtst not thou rather, unhappy Soul, to be a thousand times accursed by thy Body, since it was thy Business, and was in thy Power to have subjected its Passions and Lust to the Rule of Reason and Religion; and thou didst rather chuse, for the sake of a momentary Satisfaction, to enslave thyself to its sensual Inclinations, and so to purchase Hell both for thyself and thy Body? Ah! Christians, let us learn to be wise by the Consideration of others Misfortunes.

C H A P. XI.

On the general Judgment.

The Eleventh DAY.

CONSIDER, *ist*, That the Dead being all risen shall immediately be assembled together in the Place design'd

58 *On the general JUDGMENT.*

sign'd for the last Judgment, commonly believed to be the Valley of *Josaphat* near *Jerusalem*, in the sight of Mount *Olivet* and Mount *Calvary*, where our Lord heretofore shed his Blood for our Redemption. What a Sight will it be to behold here all the Children of *Adam*, that innumerable Multitude of all Nations, Ages, and Degrees, standing together without any Distinction, now, of Rich or Poor, Great or Little, Master or Servant, Monarch or Subject; excepting only the Distinction of *Good* and *Bad*, which shall be wonderful and eternal. Alas! how mean a Figure will an *Alexander* or a *Cæsar* make at this Appearance, or any of those great Heroes of Antiquity, whose very Name has made whole Nations tremble? Those mighty Monarchs, who had once the World at their beck, are now levell'd with the meanest of their Slaves, and would wish a thousand times never to have borne the Scepter, nor worn the Diadem.

Consider, 2dly, That the Dead being now assembled together, the great Judge shall descend from Heaven with great
Glory

On the general JUDGMENT. 59

Glory and Majesty, environ'd with all his heavenly Courtiers, and all the Legions of Angels. O! how different from his first Coming will this his second Appearance be? His first coming was in great Meekness and Humility, because that was our Day, in which he came to redeem us by his *Mercy*: But at his second Coming it will be his Day, when he shall arm himself with all the Terrors of his *Justice*, to revenge upon sinful Man the Cause of his injured *Mercy*, with a final Vengeance once for all. Miserable Sinners! how will you be able to stand before his Face, or endure his wrathful Countenance? Ah! then it is you will begin to cry out to the Mountains and Rocks to fall upon you, and hide you from the Face of him that sitteth on the Throne, and from the Wrath of the Lamb. Nay, such a Dread and Terror will the very Sight of the incensed Judge carry with it, that you shall even wish a thousand times to hide your guilty Heads in the lowest Hell, rather than endure this dreadful Appearance: But all in vain, you must stand it out.

Consider,

60 *On the general JUDGMENT.*

Consider, 3dly, That before the Judge shall be borne the royal Standard of the Cross, shining more bright than the Sun, to the great Comfort of the Good, and the unspeakable Anguish and Confusion of the Wicked, for having made so little Use of the inestimable Benefit of their Redemption. Here they shall plainly see, how much their God has suffer'd for their Salvation; how great has been his Love for them, that boundless and unparallel'd Love, which brought him down from the Throne of Glory, and nail'd him to the Cross. O! how will they now condemn their own Obstinacy in Sin, their Blindness and Ingratitude! O! how will this glorious Ensign justify, in the Face of the whole Universe, the Conduct of God, and the Eternity of Hell's Torments: For what less than a miserable Eternity can be Punishment enough for so much Obstinacy in Evil, after so much Love?

Consider, 4thly, How at the Command of the sovereign Judge, which shall be instantly obeyed, the Servants of God shall be picked out from the midst of that vast Multitude, and placed
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with Honour on his Right-hand; whilst the Wicked, with all those evil Spirits, whose Part they have taken, shall with Ignominy be driven to the Left. O! dreadful and eternal Separation, after which these two Companies shall never more meet. And thou, my Soul, where dost thou expect to stand at that Day? In which of these two Companies shalt thou be ranked? Thou hast it now in thy Choice: Chuse then now that *better Part, which will never be taken from thee.* Fly now from the midst of Babylon; renounce now the false Maxims, the corrupt Customs, and sinful Divertisements of Worldlings; separate thyself from the Wicked in Time, that thou mayst not be involved in their eternal Damnation.

Consider, 5thly, What will then be the Thoughts of the great Ones of this World; what Fury, what Envy, what bitter Anguish and Confusion will oppress their Souls, when they shall see the Poor in Spirit, the Meek and Humble, who were so contemptible in their Eyes whilst they were here in this mortal Life, now honoured and exalted in

62 *On the general J U D G M E N T.*

the Sight of the whole Universe; and themselves treated with so much Contempt? Harken to their Complaints as they are set down by the wise Man, *Wisd. 5. These are they, whom heretofore we laugh'd at, and whom we made the Subject of our Scoffs. Senseless Wretches as we were, we esteem'd their Life Madness, and their End without Honour. See how they are now reckon'd amongst the Children of God, and with the Saints is their eternal Lot. Ergo erravimus à viâ veritatis.* Alas! After all, we are the Persons that have been mistaken; we, that have unfortunately run on in the wrong Way: And they were truly wise in making a better Choice, which afforded them Comfort in Life, and has now entitled them to endless Joys.

Consider, 6thly, How much the Anguish and Confusion of the Wicked will be increased, at the Opening of the Books of Consciences, when all the Guilt of their whole Lives shall be laid open in the public View of the Universe. Poor Sinner, what will thy Thoughts be, when those Crimes, which
thou

On the general JUDGMENT. 63

thou hast committed in the greatest Secrecy, and which thou wouldst not have had known for the World; those Abominations which thou imaginedst covered with the Obscurity of Night and Darknes, and which thou didst flatter thyself that thy Friends and Acquaintance would never know; those Works of Iniquity, which perhaps thou couldst not find in thy Heart to discover to one Person, tied by all Laws to a perpetual Secrecy; shall all now be exposed in their true Colours to the Eyes of the whole World, Angels and Men, good and bad, to thy eternal Shame. Ah! Christians, 'tis now in your Power to prevent, by a sincere Repentance and Confession, this Confusion which you must otherwise one Day suffer.

C H A P. XII.

On the last Sentence of the Good and Bad.

The Twelfth DAY.

CONSIDER, *1st*, How this great Trial shall be concluded by a
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final definitive Sentence in Favour of the Just, and for the Condemnation of the Wicked. And first, the sovereign Judge, turning himself towards his Elect, with a most sweet and amiable Countenance, shall invite them into the happy Mansions of everlasting Bliss: *Come ye blessed of my Father, take Possession of the Kingdom prepared for you from the Beginning of the World, Mat. 25.* O! Happy Invitation. Happy, thrice happy they, that shall be found worthy to hear that comfortable Sentence! what unspeakable Satisfaction, what Torrents of Joy and Pleasure, will the hearing of it give to those blessed Creatures! *I am filled with Joy, says the royal Prophet, at the happy Tidings which I have heard, we are to enter into the House of our Lord, Psalm 121.* But O! what Envy, what Rage and Malice will the Reprobate feel at the hearing of this Invitation, when they shall see several of their Acquaintance call'd to take Possession of that eternal Kingdom, which they might also have so easily purchas'd; but by their own Folly and Stupidity have

have blindly exchanged for the Flames of Hell.

Consider, 2dly, And ponder at Leisure upon this happy Sentence. *Come,* says the Judge, *ye blessed of my Father, &c. Come* from the Vale of Tears, where for a little while you have been tried and afflicted by the Appointment of my Providence, to the Kingdom of never-ending Joy; where Grief and Sorrow shall be no more. *Come* from the Place of Banishment, where for a Time you have sigh'd and groan'd at your Distance from your heavenly Country, to your everlasting Home, where you shall meet with all that your Heart can desire to compleat your Happiness; where you shall be for ever inebriated by the Plenty of my House, and drink for ever at the Fountain of Life: Arise, my Beloved, the Winter is now past, the Floods and Storms are over, arise and come. O universal and eternal Blessing! How my poor Soul contemns all other Happiness, in hopes of having a Share one Day in this blessed Sentence!

Consider, 3dly, How the great Judge after having invited the Just to his glorious Kingdom, turning himself towards the Wicked on his Left-hand, with Fire in his Eyes, and Terror in his Countenance, shall thunder out against them the dreadful Sentence of their eternal Doom, in these Words. Go from me you Cursed into everlasting Fire, which was prepared for the Devil and his Angels. Christian Souls, weigh well every Word of this dismal Sentence. Go for ever *from me*, and from the Joys of my Kingdom: O terrible Excommunication! O cruel Divorce! O eternal Banishment! Who can express, who can conceive what it is to be for ever separated from our God, our first Beginning, and last End, our great and sovereign Good! Ah Wretches, who make so little now of losing your God by mortal Sin, what will you then think when you shall be sentenc'd to this eternal Banishment from him; doom'd to seek him for all Eternity, and yet never to meet with him in any of his Attributes, only in his avenging Justice, the Weight of which you shall feel

feel for ever. But take Notice whither you are to go, when you go from your God : Alas ! *into everlasting Fire*, there to lead an ever-dying Life, there to endure a never-ending Death, in the Company of the *Devil and his Angels* ; to whom you made yourselves Slaves, and who shall now, without Controul, exercise for ever their Tyranny over you.

Consider, 4thly, That dreadful and universal *Curse*, which this just, but dismal Sentence involves. *Go from me you Cursed*, says the soveraign Judge : as if he was to say, *Go, depart from me*, but let my *Curse* go with you. I would have given you my *Blessing*, but you would not have it ; a *Curse* you chose, and a *Curse* shall be your everlasting Inheritance. It shall stick close to you like a Garment to all Eternity ; it shall enter into your very Bowels, and search into the very Marrow of your Bones. A *Curse* upon your *Eyes*, never to see the least Glimpse of comfortable Light : A *Curse* on your *Ears*, to be entertain'd for all Eternity with frightful Shrieks and Groans : A *Curse* on your *Taste*,

to be for ever imbittered with the Gall of Dragons : A Curse on your *Smell*, to be always tormented with the noisome Stench of the Pit of Hell : A Curse on your *Feeling*, and on all the Members of your Body, to burn and never consume in that Fire which shall never be quenched : A Curse upon your *Understanding*, never to be illustrated with any Rays of Truth : A Curse on your *Memory*, to be always revolving, in the Bitterness of a late and fruitless Repentance, the Shortness and Vanity of past Pleasures : A Curse upon the *Imagination*, ever representing present and future Miseries : A Curse on the *Will*, obstinate in Evil, torn in Pieces with a thousand violent and, withal, opposite Desires, and unable to accomplish any of them : A Curse, in fine, upon the *whole Soul*, to be a Hell to itself for all Eternity. Good God ! let it never be our Misfortune to incur this dreadful Curse !

Consider, 5thly, How after Sentence given, the Elect shall enter without Delay upon the Possession of that everlasting Kingdom, which God has prepared

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pared for those that serve him, where Sorrow can have no Place, and Joy no End. But as for the Wicked, the Earth shall immediately open, and swallow them all down at once, with the Devils who seduced them, into the bottomless Pit; and the *Gate shall be shut*, never, never more to be open'd. This is the End of all worldly Pride; this is the end of all carnal Pleasure. O! how *horrid a thing it is to fall into the Hands of the living God!* Heb. 10.

CHAP. XIII.

On Hell.

The Thirteenth DAY.

CONSIDER, *1st*, That as it is said in Holy Writ, that *neither Eye has seen, nor Ear has heard, nor has it enter'd into the Heart of Man, what God has prepared for those that serve him*, 1 Cor. 2. v. 9. So we may truly say with Regard to Hell's Torments, that no mortal Tongue can express them, nor Heart conceive them.

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Beatitude, according to Divines, is a *perfect and never-ending State, comprizing at once all that is good, without any Mixture of Evil.* If then Damnation be the Opposite to Beatitude, it must needs be an everlasting Deluge of all that is Evil, without the least Mixture of Good, without the least Allay of Ease, without the least Glimpse of Comfort; a total Privation of all Happiness, and a Chaos of all Misery.

Consider, 2dly, More in particular what Damnation is, and how many and how great the Miseries it involves. A dying Life, or rather a living Death; a darksome Prison, a loathsome Dungeon; a binding Hand and Foot in eternal Chains; a Land of Horreur and Misery; a Lake of Fire and Brimstone; a bottomless Pit; devouring Flames; a Serpent ever knawing; a Worm that never dies; a Body always burning, and never consumed; a Feeling always fresh for Suffering; a Thirst never extinguish'd; perpetual weeping, wailing and gnashing of Teeth. No other Company but Devils, and damn'd Wretches, all hating and cursing one another,

another, all hating and cursing God ; Spirits always in an Agony, and sick to Death, yet never meeting with this Death which they so much desire ; cast forth from the Face of God into the Land of Oblivion ; hated and derided by God and his Saints ; none to comfort, none to pity them ; wounded to the Heart with the Sense of lost Happiness ; and oppress'd with the feeling of present Misery : And all these Sufferings everlasting, without the least Hope of End, of Intermission, or Abatement. This is a short Description, drawn for the most part from God's unerring Word, of the Miseries which eternal Damnation imports : This is that bitter Cup of which *all the Sinners of the Earth must drink*, Ps. 74.

Consider, 3dly, That God in all his Attributes is infinite ; as in his Power, Wisdom, Goodness, &c. so in his avenging Justice too. He is a God in Hell, as much as in Heaven. So that by the Greatness of his Love, Mercy and Patience here, we may measure the Greatness of his future Wrath and Vengeance against impenitent Sinners. By
his

his infinite Goodness he has drawn them out of nothing ; he has preserv'd and sustained them for a long time ; he has even come down from his Throne of Glory, and suffered himself to be nail'd to a disgraceful Cross, for their eternal Salvation : He has frequently delivered them from the Dangers to which they were daily exposed ; patiently borne with their Insolence and repeated Treasons ; still graciously inviting them to Repentance. Ah ! how justly does his Patience, so long abused, turn at length into Fury : Mercy at last gives place to Justice : And a thousand Woes to those Wretches, that must for ever feel the dreadful Weight of the avenging Hand of the living God !

Consider, 4thly, And in order to understand something better what Hell is, set before your Eyes a poor sick Man lying on his Bed, burning with a pestilential Fever, attended with an universal Pain over all his Body, his Head perfectly rent asunder, his Eyes ready to fly out, his Teeth raging, his Sides pierc'd with dreadful Stitches, his Breast all on Fire, his Belly rack'd with

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a violent Cholick ; his Reins with the Stone or Gravel ; all his Limbs tormented with Rheumatick Pains ; and all his Joints with the Gout ; his Heart even bursting with Anguish, and he crying out for a Drop of Water to cool his Tongue. Could any Thing be conceived more miserable ? And yet, let me tell you, this is but an imperfect Picture of what the Damn'd must endure for Eternity ; where these Victims, immolated to the Justice of God, shall be *salted all over with Fire* ; and endure in all the Senses and Members of their Body, and in all the Faculties of their Souls, most exquisite Torments.

Consider, 5thly, That the State of the poor sick Man, of whom we have just now been speaking, how deplorable soever it may seem, might still be capable of some Allay of Ease, or some Degree of Comfort : A good Bed to lie on, a good Friend to incourage or condole with him, a good Conscience to support him, a Will resigned to the Will of God ; and in fine, a certain Knowledge, that his Pains must shortly abate, or put an End to his Life. But

the Damn'd have nothing of all this. Their Bed in Hell is a Lake or Pool burning with Fire and Brimstone, to which they are fastened down with eternal Chains. Their Companions are merciless Devils, or what will be to them worse than Devils, the unhappy Partners of their Sins. Their Conscience is ever gnaw'd with the Worm that never dies. Their Will is averse from God and continually struggling in vain with his Divine Will. And what comes in to compleat their Damnation, is a Despair of ever meeting with an End or Abatement of their Torments. Good God ! What would not a prudent Man do to prevent the lying but for one Night in Torments in this Life ? And where then is our Faith and Reason, when we will do so little for escaping the dreadful Night of Hell's merciless Flames ?

C H A P. XIV.

On the exterior Pains of Hell.

The Fourteenth DAY.

CONSIDER, 1st, the Description on which holy *Job* gives us of Hell, *Job* 10. when he calls it a *darksome Land, and covered with the Obscurity of Death; a Country of Misery and Darknefs, where no Order, but everlasting Horror dwells.* In this gloomy Region no Sun, no Moon, no Stars appear; no comfortable Rays of Light, not even the least Glimpse, are ever to be seen. The very Fire that burneth there, contrary to the natural Property of that Element, is black and darksome, and affords no Light to the Wretches it torments, except it be to discover to them such Objects as may increase their Misery. Christians, what would you think, were you to be sentenc'd to pass the Remainder of your Days in some horrid Dungeon, or Hole, deep under Ground, where you could never see the Light? Would not Death itself be pre-

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ferable to such a Punishment ? And, what is this to that eternal Night, to which the Damn'd are sentenc'd ? The *Egyptians* were in a sad Condition, when for three Days their whole Kingdom was cover'd with frightful Darkness, caus'd by such gross Exhalations, that they might even be felt by the Hand. But this Misery was soon over, and they were comforted by the Return of Light. Not so the Damn'd in Hell ; whose Night shall never have a Morning, nor ever expect the Dawning of the Day.

Consider, 2dly, That the Horror of this eternal Night shall be beyond measure aggravated by the dismal Musick, with which these poor Wretches shall be for ever entertain'd in this melancholy Abode ; which shall be no other than dreadful Curses and Blasphemies, the insulting Voices of the Tormenters, and the Howlings, Groans and Shrieks of the Tormented, the Rattling of Chains, Lashes of Whips, &c. And that the other Senses may also come in for their Share in Misery, the Smell shall be for ever regaled with the loathsome Exhalations

lations of those infernal Dungeons, and the intolerable Stench of those half putrified Carcasses which are broiling there; the Taste shall be oppress'd with a most ravenous Hunger and Thirst; and the Feeling with an insupportable Fire.

Consider, 3dly, That of all bodily Torments, which we can suffer in this World, there is none more terrible than to burn alive: But alas! there is no Comparison between burning here, and burning in Hell. All our Fires upon Earth are but painted Flames, if compared to the Fire of Hell. The Fire of this World was made to serve us, and to be our Comfort; that of Hell was created to be an Instrument of God's Vengeance upon Sinners. The Fire of this World cannot subsist without being nourished by some combustible Matter, which it quickly dispatches and consumes: The Fire of Hell, kindled by the Breath of an angry God, requires no other Fuel than Sin; and feeds on this without ever decaying or consuming. O dreadful Stain of Sin, which suffices to maintain an everlasting Fire! The Fire of this World can

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only reach the Body ; the Fire of Hell reaches the Soul itself, and fills it with most exquisite Torments. Ah ! Sinners, which of you all can dwell with this devouring Fire ? Which of you all can endure this eternal Burning ?

Consider, 4thly, And in order to frame some better Notion of Hell's Torments, give Ear to a most authentick Vision, related by St. *Teresa*, Chap. 32 of her Life, “ As I was one Day, “ says the Saint, in Prayer, on a sudden “ I found myself in Hell ; I know not “ how I was carried thither : Only I “ understood that our Lord was pleas'd, “ that I should see the Place which the “ Devils had prepared for me there, and “ which I had deserved by my Sins. “ What pass'd here with me, lasted but “ a very little while ; yet, if I should “ live many Years, I don't believe I “ should ever be able to forget it. “ The Entrance appear'd to me to resemble that of an Oven, very low, “ very narrow, and very dark. The “ Ground seem'd like Mire, exceeding “ filthy, stinking insupportably, and “ full of a Multitude of loathsome “ Vermin.

“ Vermin. At the End of it there
“ was a certain hollow Place, as if it
“ had been a kind of a little Press in a
“ Wall, into which I found myself
“ thrust, and close penn’d up. Now,
“ tho’ all this which I have said was
“ far more terrible in it self than I
“ have described it, yet it might pass
“ for a Pleasure in comparison with
“ that which I felt in this Press: This
“ Torment was so dreadful, that no
“ Words can express the least part of
“ it. I felt my Soul burning in so dis-
“ mal a Fire, that I am not able to de-
“ scribe it. I have experienced the
“ most insupportable Pains, in the Judg-
“ ment of Physicians, which can be
“ corporally endured in this World,
“ as well by the shrinking up of all my
“ Sinews, as by many other Torments
“ in several kinds ; but all these were
“ nothing in comparison with what
“ I suffer’d there, join’d to the horrid
“ Thought, that this was to be without
“ End or Intermision for ever : And
“ even this itself is still little, if com-
“ par’d to the Agony the Soul is in ;
“ it seems to her that she is choak’d,

“ that she is stifled, and her Anguish
“ and Torture go to a Degree of Ex-
“ cess that cannot be express’d. It is
“ too little to say, that it seems to her
“ that she is butcher’d and rent in
“ Pieces: Because this would express
“ some Violence from without, which
“ tended to her Destruction; whereas
“ here it is she herself, that is her own
“ Executioner, and tears herself in
“ Pieces. Now as to that interior
“ Fire and unspeakable Despair, which
“ comes in to compleat so many hor-
“ rid Torments; I own I am not able
“ to describe them. I saw not who it
“ was that tormented me; but I per-
“ ceiv’d myself to burn; and, at the
“ same time, to be cut as it were and
“ hash’d in Pieces: In so frightful a
“ Place, there was no room for the least
“ Hopes of Comfort: There was no
“ such Thing as even sitting or lying
“ down: I was thrust into a Hole in
“ a Wall; and those horrible Walls
“ close in upon the poor Prisoners,
“ and press and stifle them. There is
“ nothing but thick Darkness without
“ any Mixture of Light: And yet I
“ know

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“ know not how it is, tho’ there be
“ no Light there, yet one sees there
“ all that may be most mortifying to
“ the Sight.-- Altho’ it be about six
“ Years since this happened, which I
“ here relate, I am even now in wri-
“ ting of it so terrified, that my Blood
“ chills in my Veins. So that whatso-
“ ever Evils or Pains I now suffer, if
“ I do but call to my Remembrance
“ what I then endured, all that can be
“ suffered here appears to me just no-
“ thing.” So far the Saint ; whose Re-
lation deserves to be ponder’d at lei-
sure : For if such, and so terrible Tor-
ments had been prepared for her, whose
Life from her Cradle, setting aside a
few worldly Vanities, which for a short
time she had follow’d, had been so in-
nocent, what must Sinners one Day
expect ?

Consider, 5thly, That there is no
Man on Earth, that has not quite lost his
Senses, who would be willing, even for
the Empire of the World, to be broil’d
like a *Laurence* on the Gridiron, or
roasted for half an Hour by a slow Fire,
tho’ he was sure to come off with

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his Life: Nay, where is the Man that would even venture to hold his Finger in the Flame of a Candle for half a quarter of an Hour, for any Reward that this World can give? Where is then the Judgment of the far greater part of Christians, who pretend to believe a Hell, yet live on with so little Apprehension and Concern, for Years together, in the Guilt of mortal Sin; in Danger every Moment of falling into this dreadful and everlasting Fire, having no more than a Hair's Breadth, that is, the thin Thread of an uncertain Life, between their Souls and a miserable Eternity. Good God! deliver us from this unfortunate Blindness, from this desperate Folly and Madness.

C H A P. XV.

On the interior Pains of Hell.

The Fifteenth DAY.

CONSIDER, *1st*, That the Fire of Hell, with all the rest of the exterior Torments, which are endured

dured there, are terrible indeed; but no ways comparable to the interior Pains of the Soul: That *Pæna Damni*, or eternal Loss of God, and of all that is good; that Extremity of Anguish which follows from this Loss; that rueful Remorse of a bitter, but fruitless Repentance, attended with everlasting Despair and Rage; that Complication of all those racking Tortures in the inward Powers and Faculties of the Soul, are Torments incomparably greater, than any thing that can be suffered in the Body.

Consider, 2dly, In particular, that Pain of Loss, which, in the Judgment of Divines, is the greatest of all the Torments of Hell; tho' Worldlings here have Difficulty of conceiving how this can be. Alas! Poor Sinners, so weak is their Notion of eternal Goods, and so deeply are they immersed in the Things of this World, amusing themselves with the Variety of created Objects, which divert their Thoughts from God's sovereign Goodness, that they cannot imagine, that this Loss of God can be so great and dismal a Torment,

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as the Saints and Servants of God, who are guided by better Lights, all agree it is. But the Case will be quite alter'd, when they shall find themselves in Hell. There they shall be convinced, by their own woeful Experience, what a Misery it is to have lost their God; to have lost him totally, to have lost him irrevocably, to have lost him eternally, to have lost him in himself, to have lost him in all his Creatures; to be eternally banish'd from him, who was their only Happiness, their last End, and sovereign Good, the over-flowing Fountain of all Good; and in losing him, to have lost all that is good, and that for ever. As long as Sinners are in this mortal Life, they many ways partake of the Goodness of God, *who makes his Sun to rise upon the Good and Bad, and rains upon the Just and Unjust.* All that is agreeable in this World, all that is delightful in Creatures, and all that is comfortable in Life, is all in some Measure a Participation of the Divine Goodness: No wonder then that the Sinner, whilst he so many ways partakes of the Goodness of God, should not in this Life

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Life be sensible of what it is to be totally and eternally deprived of him. But in Hell, alas ! those unhappy Wretches shall find, that in losing their God they have also lost all Kind of Good or Comfort, which any of his Creatures heretofore afforded ; instead of which, they find all Things now conspiring against them, nor any way left of diverting the dreadful Thought of this Loss, which is always present to their Minds, and gripes them with inexpressible Torments.

Consider, 3dly, That every damn'd Soul shall be a Hell to herself, and all and every one of her Powers and Faculties shall have their respective Hells. Her Memory shall be for ever tormented, by revolving, without ceasing, her past Folly, Stupidity and Madness, in forfeiting the eternal Joys of Heaven, that Ocean of Bliss, which she might have obtained at so cheap a Rate, and which so many of her Acquaintance are now in Possession of, for an empty trifling Pleasure that lasted but a Moment, and left nothing behind it but the Stain of Sin, and the Remorse of
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a guilty Conscience; or, for some petty Interest, or Punctilio of Honour, by which she was then robb'd of all her Treasures and all her Honours; and, upon account of which, she is now so miserably poor and despicable, eternally trodden under Foot by insulting Devils. O! What will her Judgment then be of this transitory World, and all its cheating Vanities, when, after having been Millions of Ages in Hell, looking back from that immense Eternity, and scarce being able to find out in that infinite Duration, this little Point of her mortal Life, she shall compare Time and Eternity, past Pleasures and present Pains, Virtue and Vice, Heaven and Hell.

Consider, 4thly, That the Understanding of the Damn'd shall also have its Hell in being for ever deprived of the Light of Truth, always employ'd in false and blasphemous Judgments and Notions concerning God and his Justice, to the great Increase of its own Misery; and ever dwelling upon the Thoughts of present and future Torments, without being able for a Mo-
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ment to think of any Thing else : So that all, and every one of the Torments which the Damn'd endure, and are to endure for all Eternity, are every Moment before the Eyes of their Understanding : And thus in every Moment they bear the insupportable Load of a miserable Eternity.

Consider, 5thly, That as the obstinate Will of the Sinner has been the most guilty, so this Power of the Soul shall suffer in Proportion the greatest Torments ; always seeking what he shall never find, and ever flying from what she must for ever endure ! Ah ! What fruitless Longings, what vain Wishes, shall be her constant Entertainments, whilst she is doom'd for Eternity never to attain to any one the least Thing which she desires : O ! Who can express that violent Impetuosity, with which the Will of these Wretches is now carried towards God ; sensible as they are of the immense Happiness, which is found in the Enjoyment of him : But, alas ! they always find an invisible Hand that drives them back, or rather they always find themselves bound

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bound fast down in eternal Chains, struggling in vain with that Hand which they cannot resist, and unable to make the least Approach towards the Object of their restless Desires. Hence they break forth into a thousand Blasphemies; hence the whole Soul is torn in Pieces with a whole Army of violent, and withal opposite Passions of Fury, Envy, Hatred, Despair, &c. These Torments of the interior Powers of the Soul are attended with that never-dying Worm of Conscience, which shall for ever prey upon these Miscreants: By which is meant an eternal Remorse, a bitter, but fruitless Repentance, which is ever racking their despairing Souls. Sweet *Jesus*, deliver us from such a dreadful Complication of Evils!

C H A P. XVI.

On a miserable Eternity.

The Sixteenth Day.

CONSIDER, *Ist*, That what above all Things makes Hell intolerable,

tolerable, is the Eternity of its Torments. 'Tis this Eternity, which is an infinite Aggravation to all and every one of them: 'Tis this bitter Ingredient, which makes every Drop of that Cup of the Divine Vengeance, of which the Sinners of the Earth must drink, so insupportable. Were there any Hopes, that the Miseries of the Damn'd would one Day have an End, tho' it was after Millions of Ages, Hell would be no longer Hell, because it would admit of some Comfort. But, for all those inexpressible Torments to continue for ever, as long as God shall be God, without the least Hopes of ever seeing an End of them: O! This it is, that is the greatest Rack of the Damn'd. O! Eternity, Eternity! How little do Worldlings apprehend thee now! How terrible wilt thou be to them one Day, when they shall find themselves ingulf'd in thy bottomless Abyss, there to be for ever the Butt and Mark of all the Arrows of God's avenging Justice!

Consider, 2dly, If one short Night seems so long and tedious to a poor sick Man in a burning Fever; if he tosses
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and turns, and no-where finds Rest ; if he counts every Hour, and with so much Impatience longs for the Morning, which yet will bring him but little Relief or Comfort ; what must this dreadful Night of Eternity be, accompanied with all the interior and exterior Torments of Hell ? No Man in his Senses would purchase a Kingdom at the Rate of lying for ten Years on a soft Bed without coming off. Ah ! What Misery then must it be to be chain'd down to a Bed of Fire and Brimstone, not for ten Years only, nor yet for ten thousand times ten, but for as many hundred thousand Millions of Ages, as there are Drops of Water in the Ocean, or Atoms in the Air ; in a Word, for an immense Eternity !

Consider, 3dly, And in order to conceive still better what this Eternity is, imagine with thyself, that if any one of the Damn'd was to shed but one single Tear at the End of every thousand Years, till he had shed Tears enough to fill the Sea ; what an immense Space of Time must this require ! The World has not yet lasted six thousand Years :

Years: So that the first of all the Damn'd would not have shed six Tears. And yet, O dreadful Eternity! the Time will certainly come, when any one of those Wretches that are now in Hell, may be able with Truth to say, that at the Rate of one Tear for a thousand Years, he might have shed Tears enough to drown the whole World, and fill up the immense Space between Heaven and Earth; and happy would he be if his Torments were then to have an End. But alas! After these Millions of Millions of Ages, he shall be as far from the End of his Misery, as he was the first Day he fell into Hell. Compute after this, if thou pleasest, as many hundred thousand Millions of Years, as thy Thoughts can reach to; nay, suppose the whole Surface of the Earth to be covered with numeral Figures; cast up, if thou canst, this immense Sum of Years, and then multiply it by itself, and multiply again a second Time the Product by itself; and then at the Foot of this immense Account, write down, *Here begins Eternity*. O terrible Eternity! is it possible, that they who believe thee, should not fear thee?

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thee? Is it possible, that they who fear thee, should dare to sin?

Consider, 4thly, That in this Eternity is would be some small Comfort to the Damn'd, if their Pains, like those of this Life, had any Intermission or Abatement. But, alas! their Torments are always the same; their eternal Fever never abates. For as their Sins are always the same, and the Gate of Mercy and Pardon is eternally shut upon them; so the Punishments of their Sins shall always continue in one and the same Degree of Rigour, without the least Remission or Diminution. The rich Glutton in Hell (*Luke 16.*) has not yet been able to obtain so much as that single Drop of Water, for which he so earnestly beg'd; nor will he ever obtain it for all Eternity. Nor shall Length of Time inure these Wretches to those Evils which they suffer, so as to make them the more supportable; or Use and Custom harden them against them; but after Millions of Ages their Torments shall be as fresh, and their Feeling of them the same, as on the first Day. O great God! who can bear thy Indignation, or support the Weight of thy avenging

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ging Hand. O! dreadful Evil of mortal Sin, which can enkindle this eternal Flame!

C H A P. XVII.

On Heaven.

The Seventeenth DAY.

CONSIDER, *1st*, That if God's Justice be so terrible in regard to his Enemies, how much more will his Mercy, his Goodness, his Bounty declare itself in favour of his Friends. Mercy and Goodness are his favourite Attributes, in which he most delights: *His Mercies*, says the royal Prophet, *Psf. 144. are above all his Works*. What then must this blessed Kingdom be, which in his Goodness he has prepared for his beloved Children, for the Manifestation of his Riches, his Glory and Magnificence for all Eternity. A Kingdom, which the Son of God himself hath purchased for us, at no less Price, than that of his own most precious Blood. No wonder then the Apostle
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cries out, 1 Cor. 2. v. 9. *That neither Eye hath seen, nor Ear heard, nor hath it enter'd into the Heart of Man, what God hath prepared for those that love him.* No wonder that this Beatitude is defined by Divines, *A perfect and everlasting State, replenish'd with all that is Good, without the least Mixture of Evil :* A general and universal Good, filling brimful the vast Capacity of our Affections and Desires, and eternally securing us from all Fear or Danger of Want or Change. Ah! Here it is that the Servants of God, as the *Psalmist* declares, *Psf. 35. Shall be inebriated with the Plenty of God's House, and shall be made to drink of the Torrent of his Pleasure ;* even of that *Fountain of Life*, which is with him, and flows from him, into their happy Souls for ever and ever.

Consider, 2dly, That altho' this blessed Kingdom abounds with all that can be imagined Good and Delightful, yet that there is one sovereign Good, in the Sight, Love and Enjoyment of which consists the essential Beatitude of the Soul, and that is God himself, whom the Blessed ever see Face to Face ; and, by the Contemplation of his infinite Beauty,

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are set on Fire with Seraphick Flames of Love, and by a most pure and amiable Union are transformed in a manner into God himself; as when Brass or Iron in the Furnace is perfectly penetrated by the Fire, it loseth its own Nature, and becometh all Flame and Fire. Ah happy Creatures! What can be wanting to compleat your Joys, who are in perfect Possession of your God, the overflowing Source of all Good, who have, within and without you, the vast Ocean of endless Felicity? O! The excessive Bounty of our God, who giveth his Servants in reward of their Loyalty so great a Good, which is nothing less than himself, the immense Joy of Angels. O! Shall not that suffice, my Soul, to make thee happy, which makes God himself happy!

Consider, 3dly, The Glory and Beauty of the heavenly *Jerusalem*, which the holy Scripture, to accommodate itself to our Weakness, represents to us under the Notion of such Things, which we most admire here below: So St. *John*, in the *Apocalypse*, describing this blessed City, tells us, that its Walls are of precious Stones, and its Streets of pure and transparent

transparent Gold : That these Streets are water'd with the River of the Water of Life, resplendent as Crystal, which flows from the Throne of God ; and that on the Banks of this River on both Sides grows the Tree of Life ; that there shall be no Night, nor any Sun or Moon, but that the Lord God shall be its Light for ever. O blessed *Jerusalem* ! O how glorious are the Things *that are said of thee, O City of God* ! But what wonder : For if our great God has given us such, and so noble a Palace here below, in this Place of Banishment, beautified with this Sun, Moon and Stars, accomplish'd and furnish'd with this infinite Variety of Plants, Flowers, Trees, and living Creatures of so many Sorts, all subservient to Man ; if, I say, he has so richly provided for us in this Vale of Tears, and Region of the Shade of Death, what must our eternal Habitation be in the Land of the Living ? If here he is so bountiful even to his Enemies, in giving them so commodious, so noble a Dwelling, what may his Friends and Servants expect in his eternal Kingdom ; in which, and by which, he designs to manifest
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to them his Greatness and Glory, for endless Ages, in an everlasting Banquet, which he has there prepared for his Elect? Blessed by all Creatures be his Goodness for ever.

Consider, 4thly, The blessed Inhabitants of this heavenly Kingdom, those Millions of Millions of Angels, of whom the Prophet *Daniel*, having seen God Almighty in a Vision, tells us, *Dan. 7.* that *Thousands of Thousands administer'd unto him; and Ten Thousands of Hundreds of Thousands stood before him:* That infinite Multitude of Saints and Martyrs, and other Servants of God of both Sexes, gather'd out of all Nations, Tribes and Tongues; and above them all, the blessed Virgin Mother of God, Queen of Saints and Angels: Their Number is innumerable. But O! Who can express the Happiness of enjoying this blessed Company? They are all most noble, most glorious, most wise, most holy: They are all of Blood Royal, all Kings and Queens, all Children and Heirs of the most High God: Ever beautiful, and ever young, crown'd with Wreaths of immortal Glory, and shining much more brightly
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than the Sun. Their Love and Charity for one another is more than can be conceived : They have all but one Heart, one Will, and one Soul ; so that the Joy and Satisfaction of every one is multiplied to as many-fold, as there are blessed Souls and Angels in Heaven, by the inexpressible Delight, that each one takes in the Happiness of all, and every one of the rest. Christians, let us imitate their Virtues here, that we may come to their happy Society hereafter, and with them eternally sing to our God the immortal Songs of *Sion*.

Consider, 5thly, That what renders all the Joys of Heaven, and the Felicity of the Blessed compleatly Great, is the Eternity of this Bliss, and that infallible Certainty and Security which they enjoy ; that their Happiness is even link'd with God's Eternity ; that as long as God shall be God, they shall be with him in his blessed Kingdom. O ! my Soul, how pleasant, how delightful it is to look forward into this vast Eternity, and there to lose thyself in this happy Prospect of endless Ages : O ! Bless thy God, that has prepared these immortal Joys for the Reward of
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such small Services, and design'd them from all Eternity for thee! nor shall this immense Eternity render these Enjoyments any ways disagreeable or tedious by the Length of the Possession; but as God is an endless Ocean of all Good, and his Divine Essence an inexhaustible infinite Treasure of Delights, so the Happiness of those that eternally enjoy him shall be always fresh, always new. Conclude then, Christian Soul, to contemn and forsake all that is earthly and temporal, and from this Hour to begin thy Journey towards this glorious, heavenly and eternal Kingdom. There thou shalt find all that thy Heart can desire, immortal Honours, immense Riches, pure and eternal Pleasures, Life, Health, Beauty never fading, &c. O! this alone is thy true Home, the Land of the Living.

C H A P. XVIII.

On the small Number of the Elect.

The Eighteenth DAY.

CONSIDER, *1st*, Those Words of Christ, *Many are called, but few are chosen*; which contain a great and dreadful Truth, frequently inculcated by the Mouth of Truth itself, to rouse unthinking Mortals from their profound Lethargy, into which the Enemy has lull'd them. This is one of those Lessons, which he has laid down for a Foundation of Christian Morality, in his Divine Sermon on the Mountain: Where he tells us, *St. Mat. 7. v. 13, 14. Enter in at the narrow Gate; for broad is the Gate, and wide is the Way, that leads to Damnation, and many there are that enter by it. O! how narrow is the Gate, and strait the Way, that leads to Life, and few there are that find it.* Hence in the same Sermon he declares to us, that *not every one that says to me, Lord, Lord, shall enter into the Kingdom of Heaven: But he that*

that doth the Will of my Father that is in Heaven, viz. by a faithful Compliance with the Law of God and his Gospel. Without this, he assures us that it will avail us nothing, even to have done Miracles in his Name. *Many shall say to me on that Day [of Judgment] Lord, have we not prophesied in thy Name, and cast out Devils in thy Name, and done many Wonders in thy Name? And then I will confess to them, that I never knew you, depart from me ye Workers of Iniquity.* Good God! what will become of us, if those, that have even done Miracles in thy Name, shall nevertheless be excluded thy eternal Kingdom?

Consider, 2dly, How many ways this frightful Truth has been declared or prefigur'd to us in the Old Testament: Of all the Inhabitants of the Earth, only eight Souls, viz. Noah and his Family, were preserved by the Ark, from the Water of the Deluge. Of six hundred thousand of the Children of *Israel*, who came out of the Land of *Egypt* under the Conduct of *Moses*, only two Persons, *Joshua* and *Caleb*, enter'd *Canaan*, the Land of Promise;

which Figure the Apostle St. *Paul* expressly applies to us Christians, *1 Cor.* 10. To the same Effect the Prophet *Isaias*, Chap. 24. v. 13, 14. likens those that shall escape the Divine Vengeance, to that small Number of Olives that remain on the Tree after the Fruit is gather'd; or to the few Bunches of Grapes, that are found on the Vines after a well-glean'd Vintage. Ah! Christians, hear then, and obey the Voice of your Saviour, when he tells you, St. *Luke* 13. v. 23. *Contend*, that is, strive with all your Force *to enter in at the narrow Gate, for many I assure you shall seek to enter, and shall not be able*: Because the Generality of Christians, tho' they use some Endeavours to enter, yet don't *strive* with all their Force; they are not thoroughly in earnest in their seeking, and therefore shall never find. Hear again with Fear and Trembling the great Apostle St. *Peter*, when he tells you, that *if the Just will hardly be saved, where will the Sinner appear?* 1st. *Epistle*, Chap. 4. v. 18. O my Soul, let us then *take care*, as the same Apostle

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He admonishes, 2 *Pet.* 1. by good Works to make our Election sure; and if others will go in Crowds to Hell, let us resolve not to go with them for Company sake.

Consider, 3dly, The Sentiments of the holy Fathers upon this Subject, expressed in their Writings; but much more in their penitential Lives; and in that Fear, in which they lived and died, of the Judgments of God, which they knew to be very different from the Judgments of Men. Christians, let the Sentiments of these Children of Light weigh more with us, than the vain and groundless Imaginations of deluded Worldlings, who cry out *Peace and Security*, when sudden Destruction is just lighting upon their Heads. O! give ear for once to the great St. *John Chrysostome*, one of the chief Doctors of the Church of God, who made the Study of the Scripture his constant Employment, and was particularly assisted by the Spirit of God, for the Understanding thereof; give ear, I say, to what he positively pronounces in one of his Sermons to the People of *Constantinople*, at that time the capital

capital City of the World, inhabited by many hundred Thousands of Christians, whose Lives in all Appearance were full as regular as ours are. “How many, “think ye, says he, will be saved in this “City? What I am going to say will “terrify you; but yet I must speak it. “Of so many Thousands there will “hardly one Hundred be saved: And I “doubt even of those.” So far the Saint. And are we, my Soul, in no Danger of being of the greater Number? Is our Life such, as to afford any reasonable Hopes, that if so very few be saved, we shall be of that happy Society?

Consider, 4thly, That tho’ the Scrip- true and Fathers had said nothing of the small Number of the Elect; yet that this Truth must appear evident to us, if we compare the Lives of the Generality of Christians with the Gospel of Christ, and his holy Commandments. If thou wilt enter into Life, says our Lord, Mat. 19. keep the Commandments: There is no other Way to Life everlasting. And the first and greatest of all the Commandments is this, Thou shalt love the Lord thy God with all thy Heart,

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Heart, with all thy Soul, with all thy Mind, and with all thy Strength, Matt. 22. Now how few are there that keep this Commandment? 'Tis easy to say, with the Generality of Christians, that we love God with our whole Heart; but what is the Practice of our Lives? Does not Self-love, Vain-glory, Sensuality, &c. on every Occasion take Place of God? If so, 'tis in vain to say we love him above all Things. And yet, there is no Salvation without this Love. Think well of this. Besides, the Apostle St. James declares, Chap. 4. v. 4. That whosoever will be a Friend of this World becomes an Enemy of God: And St. John, Epist. 1. Chap. 2. v. 15. If any one love the World, the Love of the Father is not in him. And Christ himself declares, that we cannot serve two Masters, Mat. 6. v. 24. How then can we think to reconcile the Conduct of the greatest part of those that call themselves Christians (whose whole Study is to please the World, and to conform themselves to its false Maxims, corrupt Customs, and deluding Vanities) with their Expectation of the Kingdom of Heaven,

Heaven, which is not to be obtained but by using Violence upon ourselves, by renouncing this sinful World, and by a Life of Self-denial and Mortification?

Consider, 5thly, How great a Corruption is generally found even amongst the greatest part of true believing Christians, and from thence make a Judgment of their future Lot. How few are Proof against human Respects, and the pernicious Fear of *what the World will say*. Alas! What Numbers sacrifice their eternal Salvation to this cursed Fear, by rather chusing to forfeit the Grace of God, than the false Honour and Esteem of this World! How many of those, whose Birth and Fortune have advanc'd them above the Level of their fellow Mortals, live continually in the State of Damnation, by a cursed Disposition of never putting up an Affront, and of preferring their worldly Honour before their Conscience? Unhappy Men, who, by conforming themselves now to those false Maxims of deluded Worldlings, will be trampled under Foot by insulting Devils for all Eternity! How few Masters of Families are sincerely solli-

sollicitous for those under their Charge, to see that Instructions be not wanting, Devotions be not neglected, &c. and that nothing scandalous or sinful lurk under the Favour of their Negligence or Connivance! and yet the Apostle assures us, that if any Man neglects the Care of his Family, he is worse than an Infidel, 1 *Tim.* 5. v. 8. How few Parents effectually take care to bring up their Children from their Infancy in the Fear of God, and early to inspire into them the Horror of Sin above all Evils! Ah! What a double Damnation will the greatest part bring upon themselves, by sacrificing these tender Souls to the Devil and the World, which they might with so much Ease have consecrated to Heaven! In fine, not to run over all States of Life in particular, is it not visible that Injustice, Impurity, Pride, Detraction, &c. every-where reign amongst Christians, and that the Number of those who live up to the Gospel is very small. Good God! have Mercy on us, and give us Grace to be of the Number of the few, that so we may be of the Number of the Saved.

C H A P.

C H A P. XIX.

On mortal Sin.

The Nineteenth DAY.

CONSIDER, *1st*, That there is not upon Earth, nor even in Hell itself, a Monster more hideous, more filthy and abominable, than Sin: A Monster, that is the first-born of the Devil; or, to speak more properly, is the Parent both of the Devil and Hell. There was not in the whole Universe a Creature more beautiful, more perfect, more accomplish'd with all kind of Gifts, both of Nature and Grace, than was that bright Angel *Lucifer* and his Companions: Yet one mortal Sin, and that only consented to in Thought, chang'd them in an Instant into ugly Devils, just Objects of Horror and Abomination to God and Man. What Effect, think ye, will Sin have upon Man who is but Dust and Ashes, if it blasts so foully the Stars of Heaven? 'Twas this Monster Sin, that cast our first Parents out of Paradise, and condemn'd both them, and their Posterity, to innumerable

merable Miseries, and to both a temporal and eternal Death. 'Twas Sin drown'd the World with the Waters of the Flood; and daily crowds Hell with Millions of poor Souls, to be the Fuel of endless Flames. Good God! deliver us from this cursed Evil.

Consider, 2dly, That Sin is the Death of the Soul. For as 'tis the Soul of a Man, which gives Life to his Body, and consequently, that Body is dead, from which the Soul is gone; so 'tis the Grace of God, which is the Life of the Soul; and that Soul is dead, which by mortal Sin has lost her God and his Grace. If, then, a dead Carcass, from which the Soul is gone, be so loathsome and frightful, that few could endure to pass one Night in the same Bed with such a Bed-fellow; how is it possible, unhappy Sinner, that thou canst endure to carry continually about with thee a Carcass of a Soul dead in mortal Sin, which is far more loathsome and hideous? Ah! beg of God that he would open thy Eyes to see thy own deplorable State, to detest the hellish Monster Sin, which thou hast so long nourish'd

rish'd in thy Breast, and which is the true Cause of all thy Misery.

Consider, 3dly, What the Soul loses by Sin; and what she gains to recompense this Loss. She loses the Grace of God, the greatest of all Treasures; and in losing this, she loses God himself. She loses the fatherly Protection, and Favour of God; she loses the Dignity of Child of God, and Spouse of *Christ*; she loses her Right and Title to an eternal Kingdom: She is stript of all the Gifts of the Holy Ghost, rob'd of all the Merits of her whole Life; becomes a Child of Hell, and a Slave of the Devil; Spiritually possess'd by him, and with him liable to an eternal Damnation: And this is all she gains by Sin; because *the Wages of Sin is Death*, Rom. 6. the Death of the Soul here, and a second and eternal Death hereafter. Ah! wretched Sinners, open your Eyes to see, and bewail your lamentable Blindness, in thus exchanging God for the Devil, Heaven for Hell.

Consider, 4thly, That Sin is infinitely odious and detestable in the Sight of God, as being infinitely opposite to his
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sovereign Goodness. He hates it with an eternal and necessary Hatred ; and can no more cease to hate it, than he can cease to be God. Hence if the justest Man upon Earth were so unhappy, as to fall into any one the least mortal Sin, he would in that same Moment become the Enemy of God ; and if he were to die in that Guilt, would certainly feel the Weight of God's avenging Justice for all Eternity. Ah ! Christians, never let us be so mad as to venture to be at War with God. Alas ! how many, and how dreadful Judgments does he daily exercise upon Sin, and Sinners ? How many, in Punishment of Sin, are snatch'd away in the Flower of their Age, by sudden and unprovided Death ? How many die in Despair ? How many, after having long abused God's Graces, are given up to a reprobate Sense, to a Hardness of Heart, the worst and most terrible of all his Judgments ? Oh ! let us tremble at the Thoughts of so great a Misfortune : Let us be convinc'd, that there can be no Misery so great as that which we incur by mortal Sin ; and that we are more

our own Enemies, and do ourselves more Mischief, by consenting to any one mortal Sin, than all Men upon Earth, and all the Devils in Hell could do us, tho' they were all to conspire together to do their worst: Because all that they can do, as long as we don't consent to Sin, cannot hurt the Soul; whereas we ourselves, by consenting to any one mortal Sin, bring upon our own Souls a dreadful and eternal Death. Good God! never suffer us to be so blind, as to become thus the Murderers of our own Souls.

Consider, 5thly, O! my Soul, and tremble at the Sight of that Multitude of Treasons against thy God, by which thou hast so often provoked his Indignation in the whole Course of thy Life. Alas! is it not too true, that thou no sooner didst come to the Use of Reason, than thou abandonedst thy King and thy God, under the Wings of whose fatherly Protection thou hadst happily pass'd the Days of thy Innocence? Ah! how early didst thou run away from the best of Fathers, and like the prodigal Child, squandering away thy

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Substance in a strange Land, foughtst in vain to satisfy thy Appetite with the Husks of Swine. Pass over in thy Remembrance, in the Bitterness of thy Soul, all the Years of thy Life ; and see what Treasures of Iniquity in Thought, Word, and Deed, will discover themselves to thy Eyes : See how long thou hast unconcernedly sported thyself on the Brink of a dreadful Precipice, having no more than a Hair's Breadth betwixt thy Soul and Hell. Be confounded at thy past Folly ; admire and adore the Goodness of thy God ; and now at least resolve to embrace his Mercy.

C H A P. XX.

On the relapsing Sinner.

The Twentieth DAY.

CONSIDER, *ist*, That if any one mortal Sin be so heinous a Treason against the sovereign Majesty of God, as we have seen in the foregoing

114 *On the relapsing* SINNER.

Chapter ; if every such Sin be an Abomination to our Lord, and the Death of the Soul of that unhappy Sinner, who is guilty of it ; what must we think of the miserable Condition of *relapsing Sinners*, that is, of such Christians, who are continually falling again and again into the same mortal Sins, after their repeated Confessions and solemn Promises of Amendment ? Alas ! what can we think, but that by this Method of Life they are treasuring up to themselves Wrath against the Day of Wrath ; and will in all Appearance, sooner or later, draw down a dreadful Vengeance upon their own Heads ? Because by every Relapse their Crime is aggravated, and their latter Condition becomes worse than the former.

Consider, 2dly, The Ingratitude, the Perfidiousness, the Contempt of God, which the relapsing Sinner is guilty of, as often as, after his Reconciliation, he returns like a Dog to the Vomit. He is guilty of the highest Ingratitude, in treading under Foot the Grace of Reconciliation, by which he had been a little before rais'd from the Dunghil of Sin,

Sin, and even drawn out of the Jaws of Hell; and by a distinguishing Mercy restored to the Friendship of God, to the Dignity of Child of God, and Heir of Heaven. He is guilty of a base Perfidiousness, in breaking his solemn Word given to God in his Confessions. He is guilty of a notorious Contempt of the Divine Majesty, in banishing God from his Soul, after having invited him in, and introducing Satan in his Place; and this after a full Knowledge and Experience of both Sides. Good God! to put the whole Universe in Ballance with thee, would be a most heinous Affront; since Heaven, and all the Powers thereof, the Earth and Seas, and all Things therein, are less than a Grain of Sand, if compared to thee: What then must we think of the unparallel'd Injury done thee by the relapsing Sinner, when putting thee and Satan in the Scales, he gives the Preference to the Devil?

Consider, 3dly, The dreadful Danger, to which the relapsing Sinner is daily exposed, from the Sword of the Divine Justice hanging over his guilty Head, and daily provoked by his Ingratitude

and Infolence. Alas! we are all mortal: We neither know the Day nor the Hour, that will be our last; if we be surpris'd by Death in the State of mortal Sin, as Millions have been, we are irrecoverably lost. If then it be a Madness at any time to risk Eternity, by consenting to a mortal Sin; how much more to provoke the Almighty by frequent Relapses, and by a Practice of abusing his Graces and Mercy at every turn? Ah! what Multitudes of Souls have been thus betrayed into that dismal Pit of never-ending Woe, where the Worm never dies, and the Fire never is quench'd! Unhappy Wretches! they design'd as little to damn themselves, as any of us; but God will not be laugh'd at.

Consider, 4thly, Another Evil which the Sinner, who frequently falls back into the same Sins, has too just Reason to apprehend, which is the Insincerity of his past Repentance. For, in reality, what Appearance is there that his Sorrow and Resolution of Amendment have been such as God requires, when after so many Confessions he is still the same Man?

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True Contrition is a sovereign Grief, by which the Penitent detests his Sin above all other Evils, with a full Determination, and firm Resolution of never returning to it more. Now how is it likely, that the relapsing Sinner detests sincerely his Sin above all Evils, with a firm Purpose of Amendment, when he is so soon, so easily prevail'd upon by the first Temptations to return to it again?

Consider, 5thly, The Remedies and Means, by which we are to be preserv'd from this pernicious Evil of relapsing into mortal Sin. The first is to avoid the dangerous Occasions, which have, or probably may draw us into the same Sins: Without this Care to fly the Occasions of Sin, the strongest Resolutions of Amendment will prove ineffectual, as we daily see by woeful Experience: *For he that loves the Danger shall perish in it,* Eccl. 3. No Pretexes of worldly Concern must here be put in Ballance with Eternity: We must part with Hand or Eye, sooner than lose our Souls. Another main Preservative against Relapse, is to labour by fervent Prayer, and diligent frequenting of the Sacraments,

to suppress the unhappy Dispositions that insensibly lead thereunto ; vigorously to resist the first Motions to Evil ; and to strive with all possible Diligence to root out that wretched Propension to Sin, which former Sins have left in the Soul. Ah ! how hard is it to maintain a Castle, where the Enemy has already surpris'd the Avenues, and has a strong Party within, ready to open the Gates unto him ? The third and chief Remedy against Relapse, is for the Penitent carefully to nourish in his Heart a truly penitential Spirit, daily to renew his Sorrow for his Sins, and to recount in the Sight of God, in the Bitterness of his Soul, all his past Iniquities ; daily to admire and adore that Mercy, which bore with him so long, and to value above all Treasures that Grace of Reconciliation, by which he has been drawn out of so much Misery ; daily to beg of God, with all the Fervour of his Soul, sooner to take him out of this World, than to suffer him any more to die to him by mortal Sin. Good God ! grant that this may be always the Disposition of our Souls. *Amen, Amen.*

C H A P. XXI.

On doing Penance for our Sins.

The Twenty-first DAY.

CONSIDER, 1st, Those Words of *Christ, Luke 13. v. 3, 5. Except you do Penance you shall all perish.* Behold here a general Rule, nor does our Lord make any Exception. Penance then is necessary, 1st, for all those, whose Conscience accuses them of mortal Sin ; alas ! such as these must either do Penance for their Sins, or burn for them for all Eternity. Poor Sinners ! their State is most deplorable ! They are playing upon the Brink of Hell, and every Moment one or other of them is tumbling down into that bottomless Pit ; and is it possible, they should be unconcern'd under so great and evident a Danger ? Why then do they not lay hold of the Grace of Penance, the only Plank that can save them after Shipwreck ; the only Means left for the Salvation of their Souls ?

2dly, Penance is necessary for all those who, tho' their Conscience accuses them not at present, yet have in their past Life been guilty of such mortal Offences. Ah! Christians, any one mortal Sin is enough for us to do Penance for all our Life. And how can we do less, if we consider what mortal Sin is; what it is to have been the Enemies of God; what it is to have been under the Sentence of eternal Damnation; and never certainly to know whether this Sentence has been cancel'd? Is not this sufficient to oblige us to a penitential Life? Can we otherwise pretend to be secure? Even those (and God best knows how few they are) who are not conscious to themselves of having committed any such Sin in their whole Life-time, must not therefore think themselves exempt from the Obligation of doing Penance; as well because of their hidden Sins, as those which they may have occasion'd in others; for *no Man knows whether he be worthy of Love or Hatred*, Eccl. 8. 9. as also because a penitential Life is the best Security against Sin, which will insensibly prevail over us, if
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not curb'd by Self-denial, Mortification, and Penance.

Consider, 2dly, That as to the Method of Penance, different Rules must be prescrib'd to different Persons. Those who have the Misfortune to be actually in the State of mortal Sin, or, what is still more deplorable, are plung'd in the Depth of a Habit of one or more kinds of mortal Sins, as soon as their Eyes are open'd to discover the hellish Monster, which they carry about with them, must, like the prodigal Child, arise without Delay to return to their Father. A Sacrifice of a contrite and humble Heart is what God above all Things calls for at their hands ; this ought to be the Foundation of all their Penance : Without this, corporal Austerities will be of small account. Such Sinners ought to give themselves no Rest, till they have made their Peace with their God : Their Sins ought to be always before their Eyes. Their first Thoughts in the Morning ought to be upon their Misfortune, in being at so great a distance from their God, enslaved to the Devil, and liable to be his Companions in eternal Misery :

ry: The like ought to be their last Thoughts at Night; when, like the penitent *David*, they ought to wash their Beds with their Tears. As often as they appear before their God in Prayer, it ought to be in the Spirit of the humble Publican, looking upon themselves unworthy to lift up their Eyes to Heaven, or towards the Altar of God; and with him, striking their Breasts, with a *Lord, be merciful to me a Sinner*. Thus will they certainly obtain Mercy, from him who is the Father of Mercy.

Consider, 3dly, That after the Sinner has done his Endeavours to seek a Reconciliation with his offended God, by a sincere Repentance, and Confession of his Sins, he must not think himself exempt from any further Penance; as if he had now no Debt to discharge to the Justice of God, no Obligation of making Atonement for his Sins, by penitential Works, and of bringing forth Fruits worthy of Penance. This would be a great and dangerous Error. Nor must he content himself with barely acquitting himself of the Penance enjoyn'd by his Confessor, which 'tis to be fear'd
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seldom is sufficient to satisfy fully the Justice of God. Alas! if Sinners were truly sensible of the enormous Injury done to God by mortal Sin, as true Penitents must be, they would certainly do Penance in another Manner, than too many do; they would be more in earnest in chastizing their own sinful Flesh by penitential Works, and thus making a proportionable Atonement to God for their past Treasons.

Consider, 4thly, That the true Manner of doing Penance for our Sins, is better learnt from the holy Fathers and Doctors of the Church, than from the loose Maxims of Worldlings, or the Practice of too many Penitents in this degenerate Age. Let us give Ear then to these Lights of the Church, and follow their Directions on this important Subject. “ God himself has taught
“ us, says St. Cyprian [*L. de Lapsis*] in
“ what Manner we are to crave Mercy
“ of him. He himself says, *Return*
“ *to me with your whole Heart, in Fast-*
“ *ing, and Weeping, and Mourning,* Joel.
“ 2. Let us then return to the Lord
“ with our whole Heart; let us ap-
“ pease

“ please his Wrath by Fasting, Weeping,
 “ and Mourning, as he admonishes us. ---
 “ Let the Greatness of our Grief equal
 “ the Heinousness of our Sins ---- we
 “ must pray earnestly ; we must pass
 “ the Day in Mourning, and the Night
 “ in Watching and Weeping, spending
 “ all our Time in penitential Tears.
 “ Our Lodging should be on the Floor
 “ strew’d with Ashes, our Covering
 “ Hair-cloth, &c. After having cast off
 “ the Garment of *Christ*, we should
 “ not now seek any (worldly) Cloath-
 “ ing----We must employ ourselves now
 “ in good Works, by which our Sins
 “ may be purged away. We must give
 “ frequent Alms, by which our Souls
 “ may be delivered from Death.” So
 far *St. Cyprian*. With whom agrees
St. Pacian, in his Exhortation to Pe-
 nance. “ If any one call you to the
 “ Bagnio, you must renounce all such
 “ Delights. If any one invite you to
 “ a Banquet, you must say, such Invi-
 “ tations are for those that have not
 “ had the Misfortune to lose their God.
 “ I have sin’d against the Lord, and
 “ am in Danger of perishing eternally :
 “ What

“ What have I to do with Feasts, that
“ have offended my God? You must
“ make your Court to the Poor; you
“ must beg the Prayers of Widows;
“ you must cast yourself at the Feet of
“ the Priests; you must implore the
“ Intercession of the Church; you
“ must try all Means, which may pre-
“ vent your perishing everlastingly.”

And St. *Ambrose*, in his second Book of Penance, Chap. 10. “ Can any one
“ imagine that he is doing Penance,
“ whilst he is indulging his Ambition in
“ the Pursuit of Honours, whilst he is
“ following Wine? &c. The true Pe-
“ nitent must renounce the World, must
“ abridge even the necessary Time of
“ Sleep, must interrupt it with his
“ Sighs, and cut it short with his
“ Prayers.” And St. *Cæsarius* of *Arles*,
Hom. 8. “ As often as we visit the
“ Sick, or those that are in Prison, or
“ reconcile together those that are at
“ variance one with another; as of-
“ ten as we fast on Days commanded
“ by the Church ---- give Aids to the
“ Poor, that pass by our Door, &c. by
“ these, and such like Works, our small
“ Sins

“ Sins are daily redeemed. But this
 “ alone is not enough for capital Crimes ;
 “ we must add Tears and Lamentations,
 “ and long Fasts ; and give large Alms
 “ to the utmost of our Power.” Thus,
 as the same Saint tells us, Hom. 1.
 “ By present Mortification will be pre-
 “ vented the future Sentence of eternal
 “ Death ; thus, by humbling the Guilty,
 “ will the Guilt be consumed : And by
 “ this voluntary Severity, the Wrath of
 “ the dreadful Judge will be appeas’d---
 “ These short penitential Labours will
 “ pay off those vast Debts, which other-
 “ wise everlasting Burning would never
 “ have discharged.” Christians, let us
 follow in Practice these excellent
 Guides.

CH A P. XXII.

Against Delay of Repentance.

The Twenty-second DAY.

CONSIDER, *1st*, That of all the
 Deceits of Satan, by which he
 deludes

deludes poor Sinners to their eternal Ruin, there is none greater, or more dangerous than this; by which, he persuades them to put off their Repentance and Conversion from time to time, till there is no more time for them. Alas! Thousands and Millions of poor Souls have been thus betray'd into everlasting Flames, who never design'd to damn themselves by dying in Sin, any more than any one of us at present does: But, by putting off their Conversion, they have by a just Judgment of God been surpris'd by Death, when they least expected it; and, dying as they lived, have been justly sentenced to that second and everlasting Death: Unhappy Wretches! who would not believe their just Judge, who so often warns them in the Gospel to watch; and declares to them, that otherwise he shall come at a time when they least expect him. Ah! how dreadful, and how common are these unprovided Deaths?

Consider, 2dly, The great Presumption of Sinners, who put off their Reconciliation with an offended God till another time, shutting their Ears to his

his Voice, by which he calls them at present ; and refusing him the Entrance of their Heart, where he stands and knocks. Alas ! if he withdraws himself, they are undone for ever : How dare they then treat him with so much Contempt ? Is it not an infinite Goodness, an inexpressible Condescension in this sovereign Majesty to call after them, when they are running from him ; and so earnestly to press them, without any Interest on his side, to return to him, who is their only Good, and only Happiness ? What then ought they not to apprehend from his Justice, if they obstinately and insolently refuse to embrace his Mercy ? How dare they pretend to dispose of the Time to come, or promise themselves greater Graces hereafter, than those which they now abuse ? Do they not know that God alone is Master of Time and Grace ; and that by his just Judgment those who presume to tempt him in this Manner, generally speaking, die in their Sins ? Ah ! 'tis too true, that he, who has promised Pardon to the Sinner that is sincerely converted, has neither promised

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Time nor efficacious Grace to those who defer their Conversion.

Consider, 3dly, The great Folly of Sinners, who put off their Conversion to God till another time, upon Pretence of doing it more easily hereafter : Whereas, both Reason and Experience make it evident, that the longer they defer this Work, the harder it is to bring it about. And how can it be otherwise, since by this Delay, and by adding daily Sin to Sin, their sinful Habits grow daily stronger, the Devil's Power over them increases ; and God Almighty, who is daily more and more provoked, by degrees, is less liberal of his Graces, so that they become less frequent and less pressing ; till at length, by accustoming themselves to resist God's Grace, they fall into the wretched State of Blindness and Hardness of Heart, the very broad Road of final Impenitence.

Consider, 4thly, The unparallel'd Madness of those who defer their Conversion upon the Confidence of a Death-bed Repentance ; designing to put a Cheat upon God's Justice, by indulging themselves in Sin all their Life-time ;
and

and then making their Peace with God, when they can sin no longer. Unhappy Wretches! that will not consider that *God is not to be jested with: That what a Man soweth, the same shall he reap,* Gal. 6. v. 6. The general Rule is, that as a Man lives, so he dies. A Rule so general, that in the whole Scripture we have but one Example of a Person that died well after a wicked Life, *viz.* of the good Thief; an Example so singular in all its Circumstances, as to give no Kind of Encouragement to such Sinners, who entertain a premeditated Design of giving the slip to God's Justice by a Death-bed Conversion. Ah! how dreadfully difficult must it be for a dying Sinner, in whom the Habit of Sin by long Custom is turned into a second Nature, to attain to that thorough Change of Heart, that sincere Sorrow and Detestation of Sin above all Evils, that Love of God above all Things, which he never thought of in his Life-time; and which now at least is certainly necessary. Ah! how deceitful too often are those Tears, which are shed by dying Sinners, (as we see in the Case of
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King *Antiochus*) which being wholly influenced by the Fear of Death prevail not with the just Judge. And if there be so much Danger, even when Tears are plentifully shed ; what must there be, when, as it commonly happens, either the Dullness and Stupidity caused by the Sickness, or the Pains and Agonies of the Body and Mind, are so great, as to hinder any serious Application of the Thoughts, to the greatest of all our Concerns ? For if a little Head-ach be enough to hinder us from being able to pray with any Devotion, what must the Agonies of Death be ? No wonder then, that the Saints and Servants of God make so little account of these Death-bed Performances : Especially since, as we see by daily Experience, those who have made the greatest shew of Repentance, when they were in Danger of Death, have no sooner escaped that Danger, but are still the same Men they were before. O Christians, let us not then be imposed upon by the false and flattering Discourses of Men, who are so free in pronouncing favourably of all those, who, after a Life spent in Sin, make some shew
of

of Repentance at their Death. Let us rather tremble at the deplorable Case of such Souls ; and remember, that God's Judgments are very different from those of Men.

C H A P. XXIII.

On Time and Eternity.

The Twenty-third DAY.

CONSIDER, *ist*, How precious a Thing Time is, which we are apt to squander away, as if it were of no value. Time is the measure of our Lives ; and as much as we lose of our Time, so much of our Lives is absolutely lost. All our Time is given us in order for to gain Eternity : And there is not one Moment of our Time, in which we may not work for Eternity, and in which we may not store up immense Treasures for a happy Eternity : As many, therefore, as we lose of these precious Moments, they are so many lost Eternities. This present

sent Time is the only Time of working; 'tis the only Time we can call our own, and God only knows how long it will be so. It is short, it flies away in an instant, and when once it is gone, it cannot be recall'd; the very Moment in which we are reading this Line is just passing, never, never more to return. Every Hour is posting away without stopping one Moment, till it be swallow'd up in the immense Gulph of Eternity: And as many of these Hours or Moments as are lost, are lost for ever; the Loss is irreparable. Learn hence, O my Soul, to set a just Value upon thy present Time; learn to husband it well, by employing it in good Works.

Consider, 2dly, Christian Soul, what thy Thoughts will be, at the Approach of Death, of the Value of this Time, which thou makest so little of at present. What wouldst thou not then give for some of those Hours, which thou lovest now in Vanity and Sin? Ah! the dreadful Anguish that will rack the Soul of the dying Sinner, when seeing himself at the Brink of a miserable Eternity, he shall wish a thousand times,

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but all in vain, that he could but call back one Day, or even one Hour of his Time past, and had but the same Health and Strength as he formerly had, to employ it in the Love of God, and sincere Repentance for his Sins. Ah! Worldlings, why will you then be so blind as not to see, that any one of these Hours, which you daily squander away, is indeed more valuable than ten thousand Worlds?

Consider, 3dly, What will be the Sentiments of the Damn'd in Hell of the Value of Time, when Time shall be no more: How bitterly they shall regret for all Eternity, all those Hours, Days, Months, and Years, which were allow'd them by the Bounty of their Creator, during the Space of their mortal Life; by the due Employment of which, they might have prevented that Misery, to which they are now irrevocably condemn'd; and might have made themselves eternally and infinitely happy: But alas! they would not work whilst the Time was, whilst they had the Day-light before them; the Night, the dismal and eternal Night is now come, in which it is too late to work; and during which, they

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they shall eternally condemn their past Folly and Madness, in neglecting and abusing their precious Time. Ah! Christians, let us be wise at their Expence. But what do you think will be the Sentiments of the Blessed in Heaven of this precious Time? Truly, if it were possible, and if their happy State could admit of such a Thing as Grief, there is nothing those blessed Souls would regret more than the Loss of any of those Moments, which in their Life-time had not been well husbanded; when they shall clearly see, in the Light of God, what an immense Increase of Glory and Happiness they might have acquired, by the due Employment of those precious Moments.

Consider, 4thly, That as all Time is short, and passes quickly away, so all temporal Enjoyments, Honours, Riches, and Pleasures of this World, are all transitory, uncertain and inconstant. Only Eternity, and the Goods or Evils which it comprizes, are truly great, as being without End, without Change, without Comparison; admitting of no Mixture of Evil in its Goods, nor any Alloy of Comfort in its Evils. O! the Vanity of all

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temporal Grandeur, which must so soon be buried in the Coffin. O! how quickly does the Glory of this World pass away? A few short Years are more than any one can promise himself: And after that, poor Sinner, what will become of thee? Alas! the Worms will prey upon thy Body, and merciless Devils on thy unrepenting Soul. Thy worldly Friends will forget thee: The very Stones, on which thou hast got thy Name engraved, will not long out-live thee. O! how true is that Sentence, *Vanity of Vanities, and all is Vanity: But to love God, and serve him alone?* A Kempis. 'Tis thus only we shall be wise for Eternity; all other Wisdom is but Folly.

C H A P.

C H A P. XXIV.

On the Presence of GOD.

The Twenty-fourth DAY.

CONSIDER, 1st, That God is everywhere. *If I ascend into Heaven*, says the *Psalmist*, *Pf. 138. thou art there ; if I descend into Hell, thou art there.* He fills both Heaven and Earth ; and there is no created Thing whatsoever, in which he is not truly and perfectly present. In him we live, in him we move, our very Being is in him. As the Birds, where-ever they fly, meet with the Air, which encompasses them on all sides ; and the Fishes swimming in the Ocean everywhere meet with the Waters ; so we, where-ever we are, or where-ever we go, meet with God ; we have him always with us ; he is more intimately present to our very Souls, than our Souls are to our Bodies. Alas ! poor Soul of mine, how little have we thought of this ? And yet 'tis an Article of our Faith, in which we have been instructed from the very Cradle. Let us seriously reflect

on this Truth for the future: Let us strive to be always with him, who is always with us.

Consider, 2dly, That God being everywhere, sees us where-ever we are; all our Actions are done in his Sight; our very Thoughts, even the most secret Motions and Dispositions of our Hearts, cannot be concealed from his all-seeing Eye. In vain does the Sinner flatter himself in his Crimes, like the Libertine mention'd by the Wise Man, *Eccl. 23.* that *Darkness encompasses him, and Walls cover him, and no one sees him whom he fears.* Alas! *the Eyes of the Lord are infinitely brighter than the Rays of the Sun;* and no Darkness, no Clouds, no Walls or Curtains can keep out his piercing Sight, which clearly sees the very Centre of the Soul: And no wonder that he should clearly see what passes there, where he is always present.

Consider, 3dly, That God, who is in all Places, and in all Things, is everywhere whole and entire, because he is indivisible; he is every-where with all his Majesty, with all his Attributes, with all his Perfections. We have then within us, my Soul, the Eternal, Immense, Omnipotent,

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potent, Self-existent, Infinite Lord and Maker of all Things; and we are within this infinite Being; where-ever we go, we have him with us. He is every-where with his Omnipotence, to which all Things are subject; what then have his Friends to fear? He is every-where with his infinite Justice; how then can his Enemies be secure? He is every-where infinitely Good to his Children, his Love and Kindness to them surpasses that of the most tender Mother: He watches over them with his Providence; his Wisdom wonderfully disposes of all Things for their greater Good: What Comfort then must this Thought of the Presence of God afford his Servants, and those that truly fear and love him?

Consider, 4thly, That God, being every-where, requires of us that we should every-where take Notice of his Presence. Can there be an Object more worthy of our Attention? And shall we then be so unfortunately blind, as to amuse ourselves about every Trifle that comes in our way; and let our God, the sovereign Beauty and sovereign Good, pass unregarded? Ah! let us never regret our being alone,
since

since we have always in our Company that infinite Being, the Sight and Enjoyment of which is the eternal Felicity of Angels. What if we see him not with the Eyes of the Body, is he the less present? And have we not within us other more noble Eyes, *viz.* the Eyes of the Understanding, which, assisted by Divine Faith, may and ought to contemplate their God, always present in the very midst of us? Ah! the sweetest Repose is to be found in him; all other Recreations are vain, if compared to this.

Consider, 5thly, That God, being everywhere present, requires of us that we should comport ourselves, both as to the Interior and Exterior, in such Manner, as becomes those who are standing in his Sight. The Presence of a Person, for whom we have a Respect, is enough to put a Restraint upon us from doing any Thing that is light and indecent: And shall not the infinite Majesty of God, in comparison with whom the greatest Monarchs of the Earth are less than nothing, by his Presence keep us in that exterior Modesty and interior Reverence, which may please his Eyes? Ought we not even to annihilate

hilate ourselves in the Sight of this immense Divinity? But, O good God, how far are we from these Dispositions, as often as we dare to sin in thy Almighty Presence, and fly in the Face of thy sovereign Majesty? Alas! my poor Soul, how should we be ashamed to have our Sins known to such and such Persons, whose Esteem we covet? We should be ready even to die with Confusion to have them publish'd to the whole World. We should be very unwilling to have even our vain and ridiculous Amusements, tho' otherwise innocent, laid open to the Eyes of our Neighbours. And why will we not consider the all-seeing Eye of our great God, which is always upon us, which clearly discerns all that passes in the most secret Closet of our Heart? Why will we not reflect, that our evil Thoughts being known to God, is indeed a greater Shame, a greater Loss of our true Honour, than if they were publish'd by Sound of Trumpet over the Universe.

Consider, 6thly, That God, being every-where present, every-where requires our Love: He is every-where infinitely Amiable infinitely Beautiful, infinitely Good, infinitely Perfect: And where-ever we
are,

are, he is infinitely Good to us. Why then don't we love him? He is all Love, *Deus Charitas est*, says St. John, 1 Jo. 4. *God is Love.* We have this loving and most lovely God always with us, and always in us; why don't we run to his Embraces? He is a Fire that ever burns; this Fire is in the very Centre of our Souls; how then come we to feel so little of its Flames? 'Tis because we will not stand by it. 'Tis because we will not keep our Souls at home, attentive to that great Guest who resides within us, but let them continually wander abroad upon vain created Amusements. O! *Convertere, anima mea, in requiem tuam*, Ps. 144. Turn away, my Soul, from all these worldly Toys, which keep thee from thy God; and return to him thy true and only Happiness, and in him repose for ever.

C H A P.

C H A P. XXV.

*On the Passion of Christ: And first,
on our Saviour in the Garden of
Gethsemani.*

The Twenty-fifth DAY.

CONSIDER, *1st*, How the Son of God, who came down from Heaven, and cloath'd himself with our Humanity, in order to be our Priest and our Victim, and to offer himself a bleeding Sacrifice for our Sins to his eternal Father, was pleased to begin his Passion by a bloody Sweat and Agony, in the Garden of *Gethsemani*, the Night before his Death. Here having left the rest of his Disciples at some distance, and taking with him *Peter, James and John*, who before had been Witnesses of his glorious Transfiguration on Mount *Thabor*, he begins to disclose to them that mortal Anguish, Fear and Sadness, which oppressed his Heart. *My Soul*, saith he, *is sad even unto Death*, Mat. 26. that is, with a Sadness, which even now would strike me dead, if I did not preserve myself, in order to suffer still more for you. Sweet
Jesus,

Jesus, what can be the meaning of this? Didst thou not lately cry out, speaking of thy Passion, and the Desire that thou hadst of suffering for us; *I have a Baptism, wherewith I am to be baptized, and how am I streighten'd till it be accomplish'd*, Luke 12. Whence then comes this present *Sadness*? Was it not thou, who hast given that Strength and Courage to thy Martyrs, as not even to shrink under the worst of Torments? And art thou thyself *afraid*? But, O dear Lord, I plainly understand that it was by thy own Choice, that thou hast condescended so far, as to let thyself be seized by this mortal Anguish: 'Twas for my Instruction; and that thou mightst suffer so much the more for me. I adore thee under this Weakness (if I may be allow'd to call it so) no less than on thy Throne of Glory; because it is here, that I better discover thy infinite Love for me.

Consider, truly, That our Saviour, whose Soul ever enjoy'd the beatifick Vision of the Divinity, could not have been capable of this excessive Sadness and Anguish, had he not by Miracle stopt the Communication between the supreme
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and inferior Part of his Soul ; and so abandon'd the inferior Part to all those Griefs, Fears and Agonies, which the lively Representation of so many, and so great Evils, would naturally produce. So that we are to consider him here in this, as well as in all the rest of the Stages of his Passion, suffering in the same Manner, as if he were a pure Man, of a tender and delicate Complexion of Body, and liable to all our Pains and Miseries, excepting Sin. Thus, as desirous of Company, (a Thing natural to Sadness and Fear) he says to his Disciples, *Stay here and watch with me*, Matt. 26. What a Surprise must it have been to these three Apostles, to hear this new Language from their Master, and to see him all pale, and in a cold Sweat with extreme Anguish ? And thou, sweet *Jesus*, how much art thou to be pitied under these Floods of Grief ; when thou art reduced so low, as to be forced to seek for Comfort from thy poor Disciples, whose whole Support and Comfort was wont to be from thee ? Alas ! how little Service will their Company do thee now, who will be asleep whilst thou art in thy
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bloody Agony, and will run away when thou art led to be crucified for their Sins?

Consider, 3dly, How our dear Saviour under this Anguish and Sadness betakes himself to Prayer, the only sure Refuge under all Afflictions, the only Shield in the Day of Battle. But take notice, my Soul, with what Reverence he prays to his eternal Father, prostrate on the very Ground; with what Fervour; *with a loud Cry and Tears*, says the Apostle, *Heb. 5. v. 7*; and learn to imitate him. In this Prayer he condescended so far, as to allow the inferior Part to petition, that the Cup of his bitter Passion might be removed from him: But then he immediately added; *yet not my Will, but thine be done.* To teach us, under all Trials and Crosses, a perfect Submission and Resignation to the Divine Will.

Consider, 4thly, How our Saviour made two Interruptions in his Prayer to come and visit his Disciples, but found them both times asleep. Ah! my Soul, is it not thy Case, like these Apostles, to sleep, that is, to indulge thyself in a slothful, sensual way of living; whereas, the whole Life of thy Saviour was spent in labour-
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ing for thy Salvation ; and all that he now suffers, he suffers for thee. Ah ! pity now at least his comfortless Condition, whilst on the one hand his Father seems deaf to his Prayers, and on the other hand his Disciples are too drowsy to give any Attention to him. In this desolate State an Angel from Heaven appears to comfort him, who is the Joy of Angels. O ! what Humility ! But what kind of Comfort, think you, did this Angel bring ? No other to be sure, but the representing to him the Will of his eternal Father, and humbly intreating him, in the Name of Heaven and Earth, not to decline the imparting to poor Sinners by his infinite Love that plentiful Redemption, for which he came into the World ; and to undergo the Ignominies and Torments of one short Day's Continuance, in Prospect of the Salvation of Mankind, and of that eternal Glory and Honour, which the Godhead should receive from all his Sufferings. Let the like Considerations of God's Will, his greater Honour and Glory, and the Good of thy own Soul, comfort thee

also under all thy Anguish and Crosses :
There can be no more solid Comfort.

Consider, 5thly, The mortal Agony which our Saviour suffered in his Soul, during the Prayer of this Night. We may judge of the Pangs and Anguish of his Soul, by the wonderful Effect they produced in his Body, by casting him into that prodigious Sweat of Blood to such Degree, as to imbrue the very Ground, on which he lay prostrate. Sweet *Jesus*, who ever heard of such an Agony as this ? But what think'st thou, my Soul, was the true Cause of all this Anguish, and of this bitter Agony of thy Saviour ? Chiefly these three : *First*, A clear View and lively Representation of all that he was to suffer during the whole Course of his Passion : So that all the Ignominies and Torments, that he was afterwards successively to go through, were now all at once presented before the Eyes of his Soul, with all their respective Aggravations ; by which Means he suffered his whole bitter Passion twice over, once by the Hands of his Enemies, and another time by his own most clear and lively Imagination of all that he had
to

to suffer. But why, dear *Jesus*, these additional Agonies? Only thy Love can answer me. Another Cause that contributed to our Saviour's Anguish, was a distinct View of all the Sins of the World from the first to the last; of all the horrid Crimes and Abominations of Mankind, all now laid to his Charge, to be cancel'd by the last Drop of his Blood. Ah! how hideous, how frightful were all these hellish Monsters, in the Eyes of our Saviour; who alone had a just Notion of their Enormity, by having always before him a clear Sight of the infinite Majesty offended by them! O Lord, how great a Share had my Sins in this tragical Scene! How much, alas, did they contribute to thy Pains and Grief! A third Cause of our Saviour's Agony, was the Knowledge that he had of the little Use that the very Christians would make of all his Sufferings; to see their Blindness and Hardness of Heart, by which they would pervert this Antidote into a mortal Poison, and tread under their Feet his precious Blood: To see the eternal Loss of so many Millions of Souls, for which he was to die; and the small

Number of those, who by the Fruit of his Passion and Death would escape from everlasting Death. All these sad and melancholy Thoughts, attacking at once the Soul of our Redeemer, cast him into that mortal Agony, and forc'd from him those Streams of Blood. Christians, pity now your Saviour's Anguish, and resolve never more to have any hand in afflicting his tender Soul by Sin.

C H A P. XXVI.

On our Saviour in the Court of Caiphas.

The Twenty-sixth DAY.

CONSIDER, *1st*, How our Saviour arising from his Prayer, having conquered all his Fears, comes to his Disciples, bidding them now sleep on and take their rest, that his Hour was come, and that the Traitor was just at hand. But thou, dear Lord, when wilt thou rest or sleep? Not till the last Sleep of Death on the hard Bed of the Cross. Contemplate, Christians, with the Eyes of your Souls, the Courage and Readiness

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diness to suffer for you, which your Saviour shews on this Occasion, by going forth to meet the Traitor and his Band: See with what Meekness he receives the treacherous Kifs of Peace. And yet, to make it evident that no Power upon Earth could take him, but with his own Free-will, with two Words, *Ego sum, I am he*, he struck down the whole Multitude, that was come to apprehend him, making them all reel back and fall to the Ground. After which he delivered himself into their Hands: And they having bound him, drag'd him along into the City thro' thick and thin, whilst his Disciples all abandoning him run their way, leaving him in the Hands of his Enemies, who presented him first before *Annas*, the Father-in-law of the High-Priest, where he was insulted by a vile Servant, that gave him a Box on the Ear. From thence they led him to the Court of *Caiphas*, where the chief Priests and Elders were assembled, longing to see this new Prisoner before them, and determin'd to make away with him, right or wrong. Follow thou thy Saviour, my Soul, every Step of the Way, abandon'd

don'd now by all his Friends: Contemplate this meek Lamb in the midst of these ravenous Wolves, loaded with their Scoffs and Insolences: But carry the Eyes of thy Understanding still farther, view the Interior of his Soul, and see the Joy and Satisfaction that he takes in complying with his eternal Father's Will, and suffering for thee: And learn from hence the like Dispositions in all thy Sufferings.

Consider, 2dly, How our Lord was no sooner brought to the Court of *Caiphas* the High-Priest, where the great Council of the Sanhedrim was assembled, but immediately after a scornful Welcome they proceed to his Trial, and call in the false Witnesses, who were to depose against him. But see the Providence of God, see the Force of Truth, and the wonderful Innocence of this Lamb of God; notwithstanding all the Malice of this impious Court, and their Witnesses; Men of neither Honour nor Conscience; yet all that they could alledge against him was either insignificant, or they could not agree in their Story, which made their Testimonies of no Weight. But
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whilst thou adorest this Providence, see and admire the Meekness and Patience of thy Saviour, who was silent under all the Provocations given by these false Witnesses; giving thereby a most convincing Proof of his being something more than Man, who could thus calmly hold his Peace, whilst his Reputation and Life were both attack'd by palpable Calumnies. The Malice of our Saviour's Enemies being thus confounded, the High-Priest arises, and adjures him by the living God, to tell him if he was the *Christ*, the Son of God? In reverence to which adorable Name, our Lord made a solemn Confession, and Profession of the Truth, teaching by his Example all his Followers, when call'd to the like Trial, never to be ashamed of him, nor of his Faith. Upon this, *Caiphas* rends his Garments, crying out *Blasphemy!* And they all pronounce him *worthy of Death*. But thou, my Soul, on the contrary, cry out with the Angels, and all the Elect of God, *Revel. 5. v. 12. The Lamb that was slain is worthy to receive Power, and Divinity, and Wisdom, and Strength, and*

Honour, and Glory, and Benediction, from all Creatures for ever.

Consider, 3dly, How that unjust Sentence against our Redeemer was no sooner pronounced by the great Council, but immediately they all, with unheard-of Barbarity, fell upon him like Furies of Hell, rather than Men, and discharg'd upon him all Kind of Injuries, Blows, Affronts and Blasphemies. See, my Soul, how these Hell-hounds spit in thy Saviour's Face, and disgorge their filthy Flegm on that sacred Forehead, where Beauty and Majesty sits: See, how they buffet, kick, and strike him with merciless Rage, whilst he with his Hands tied behind him is not able to ward one Blow, nor has any Friend there to wipe his Face, or afford him any other Help. See, how they cover and muffle up his Face with some filthy Clout, and then in Scorn (as if he were a Mock-Prophet, and an Impostor) at every Blow they bid him prophesy who it was that struck him. Besides many other Affronts, which he endured with an invincible Patience and Fortitude.

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Consider, 4thly, That of all which our Saviour suffer'd in the Court of Cai-phas, nothing touch'd him so much to the quick, as the dangerous Fall of Peter, the chief of all his Apostles, and who had received the most signal Favours from him. Who, after having boasted that very Night, that altho' all the rest of the Disciples should abandon their Master, he would never forsake him; and that he would sooner die with him, than deny him: Yet, see the Weakness and Inconstancy of human Nature; at the Voice of a silly Maid, he forthwith denies his Master, repeats this Denial a second and a third time, and even swears and damns himself, if he ever knew the Man. Sweet Jesus! what is Man? O Lord, look to me, and support me by thy Grace, or I shall also deny thee. The Causes of Peter's Fall were, 1st, A secret Pride, and Presumption upon his own Strength. 2dly, His Neglect of the Admonition of our Saviour, in sleeping, when he ought to have watch'd and pray'd. 3dly, His exposing himself to the Danger, by running into ill Company. See, that the like Causes have not

the like Effect in thee, by drawing thee also to deny, and even crucify thy Lord by Sin. Learn to imitate the speedy Repentance of this Apostle, who immediately after his Fall going out wept bitterly ; a Practice, which 'tis said he ever after retain'd, as often as he heard the Cöck crow.

Consider, 5thly, How the High-Priests and Scribes, after having given Sentence of Death against our Saviour, retired to take their Rest, leaving him in Hands that were not like to suffer him to take any Rest. O ! what a Night did our Lord pass in the midst of that Rabble, who, to satisfy their own Cruelty, and the Malice of their Masters, acted over and over again all that Scene of Inhumanity, which they had begun whilst their Masters were there, loading him with all Kind of Outrages and Blasphemies. So that we may boldly affirm, that one half of what our Saviour suffer'd that Night will not be known till the Day of Judgment. All which Insolences he bears in Silence, and even then whilst they are abusing him, is praying for them, and excusing them to his Father, and offering up all his Suffer-
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Jesus, give us Grace to imitate thee.

C H A P. XXVII.

*Our Saviour is brought before Pilate
and Herod.*

The Twenty-seventh DAY.

CONSIDER, *Ist*, How early in the Morning, notwithstanding their late sitting up, the High-Priest, and his Fellows in Iniquity, convene a more numerous Assembly of the Sanhedrim, and there again put the same Question to our Saviour, *Whether he was the Son of God?* And, receiving the same Answer, confirm their former Sentence. Yet as they did not think it safe for themselves, being Subjects to the *Roman Empire*, to put this Sentence in Execution without the Consent of *Pontius Pilate* the Governor, they determin'd to carry him to *Pilate*, and by his Authority to have him crucified: A Kind of Execution which their Malice
made

made choice of, because it was at the same time most ignominious, as being only for vile Slaves and notorious Criminals; and most cruel, as being a long and lingering Death, under the sharpest and most sensible Torments. Come now, Christian Soul, and contemplate thy Saviour as he is hurried along the Streets, with his Hands bound, from the House of the High-Priest, to the Court of *Pilate*; attended by the whole Council, and their wicked Ministers; publishing aloud as they go, that now all his Impostures were laid open, his Hypocrisy discover'd, and himself convicted of Blasphemy. See how the giddy Mob, who a little while before revered him as a Prophet, now all on a sudden join with his Enemies, following him with opprobrious Shouts, insulting him all the Way that he goes, and discharging a thousand Kind of Injuries and Affronts upon him.

Consider, 2dly, And view the Judge of the Living and the Dead, standing with his Hands bound as a Criminal before a petty Governor; and behold the Process. The chief Priests and Princes of the People having delivered him up,
and

and *Pilate* demanding what Particulars they had to alledge against him, they made no Scruple of inventing new Calumnies, that he was a factious and seditious Man, a Traitor, and a Rebel to the Government, that forbid Tribute to be paid to *Cæsar*, and set himself up for King of the *Jews*. Once more take notice of the invincible Patience of thy Saviour, in hearing with Silence such notorious Falsities as they laid to his Charge; so that the Governor was astonish'd that a Man could hold his Peace under such Accusations, which aim'd at nothing less than procuring his Condemnation to the worst of Deaths. However, as he plainly saw through all the Disguise of the High-Priests and Scribes, he interpreted this Silence in favour of our Saviour, only boggling a little at the Word *King*; and having receiv'd full Satisfaction upon that head, by being made to understand that the Kingdom of our Saviour was not of this World, and therefore not dangerous to *Cæsar's* Government, he determin'd to set him at liberty. Admire the Force of Innocence, which could even move a Heathen, and
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one of the worst of Men, such as *Pilate* was ; and assure thyself, that generally speaking, Patience and Silence are a thousand times better Proofs of thy Innocence, than returning Injury for Injury, and making an opprobrious and clamorous Defence.

Consider, 3dly, How Pilate being convinced of our Saviour's Innocence, and desirous of setting him at liberty, met with an obstinate Resistance from the malicious Princes and deluded People ; and therefore understanding that our Saviour, as being an Inhabitant of *Galilee*, belong'd to the Jurisdiction of *Herod* the Tetrarch of *Galilee*, took Occasion from thence to rid himself of their Importunity, by sending him to *Herod*. Accompany thy Lord, O my Soul, in this new Stage, and take notice of his incomparable Meekness, whilst he passes through the Streets, lined on all sides with an insulting Multitude, and echoing with their Reproaches and Clamours. *Herod* was most glad of his coming, in Hopes to see some Miracle ; and therefore put a thousand Questions to him ; whilst the Princes of the *Jews*, with untired Malice, were repeating

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repeating all their false Accusations against him : But our Lord was silent still, nor would he satisfy the idle Curiosity of *Herod*, nor do any Thing by which he might incline this Prince to free him from that Death, which he so ardently desir'd, as being by the Decrees of Heaven the only Means of our Redemption. Blessed by all his Creatures be his Goodness for ever !

Consider, 4thly, How Herod, provoked by our Saviour's not consenting to gratify his Inclinations of seeing a Miracle, fought to revenge himself by treating him with Mockery and Scorn, exposing him to the Scoffs of all his Guards, and ordering him to be cloath'd in Contempt with a white Garment, as with a Fool's Coat, or perhaps as a Mock-King ; and in this Dress sent him back again to *Pilate*, attended in the same Manner as he came, with an insulting Mob headed by the Scribes and Pharisees. Stand amazed, my Soul, to see the eternal Wisdom of the Father treated thus as a Fool ; and learn from hence, not to repine, or be solicitous about the Judgment of the World.

Consider,

Consider, 5thly, How *Pilate*, seeing our Saviour brought back again to his Tribunal, contrived another way to bring him off, so as to give at the same time as little Offence as might be to the High-Priest, and the Chief of the *Jews*. It was the Custom of that Nation, on the Day of their paschal Solemnity (which was celebrated that very Day) in Memory of their Delivery from the *Egyptian* Bondage, to have one Criminal set at liberty, whom the People should petition for: Wherefore *Pilate*, taking his Advantage of this Opportunity, proposed to their Choice our Saviour on one hand, and *Barabbas*, a notorious Malefactor, Robber and Murderer, on the other; making sure that they would rather chuse to have the innocent Lamb of God released, than *Barabbas*, the worst of Criminals, escape due Punishment. Ah! *Pilate*, what an outrageous Affront dost thou here put upon the Son of God, whilst thou pretendest to favour him? What! must the Lord of Life and Immortality, the King of Heaven, stand in competition with the vilest of Men, with the most notorious Criminal that could

could be pitch'd upon? Must it be put to the Votes of the Mob, which of the two is the better Man, and which the more worthy of Death? O the unparallel'd Injury! O the unparallel'd Humility of my Saviour! O King of Glory, how low hast thou stoop'd to raise me up from the Dunghil?

Consider, 6thly, If it was an intolerable Affront to compare our Saviour with *Barabbas*, what Idea must we frame, or what Name must we give to that blind People's Choice, when they preferr'd *Barabbas* to *Christ*, and desired that the latter might be crucified, and the former acquitted. O! see, my Soul, in this wonderful Humiliation of thy Lord, how deep, how dangerous was the Wound of Pride, which could not be cured but by such and so great Humility: O! see if thine be yet cured. Examine also thyself, if thou hast not often been guilty, like these blind *Jews*, of preferring *Barabbas* to thy Saviour; by turning thy back to him for some petty Interest, or filthy Pleasure? If so, thou art more excusable than they, because thou knowest him to be the Lord of Glory, at the same

164 *Our Saviour is scourg'd*

same time as thou persecutest him by Sin: Whereas, if they had known him to be so, they would never have prefer'd a *Barabbas* before him.

C H A P. XXVIII.

*Our Saviour is scourg'd at the Pillar,
and crown'd with Thorns.*

The Twenty-eighth DAY.

CONSIDER, *Ist*, How the *Jews* still continuing to cry out against our Lord, and in a tumultuous Manner to demand his Crucifixion, *Pilate* takes another Way to bring about his being set at liberty, which was by striving to satisfy their Cruelty, in ordering him to be most severely scourg'd. O! *Pilate*, how cruel is thy Mercy! Is it thus, that thou treatest him whom thou declarest innocent? Is this thy Justice? But our Sins, O my Soul, requir'd that the Lord of Glory should be thus cruelly handled, and subjected to this ignominious Punishment, to which none but common Slaves, or the meanest Wretches

Wretches were liable, and to which a *Roman* Citizen could upon no account be condemn'd. Stand thou, and see, my Soul, in what Manner this Sentence is executed. See how the bloody Soldiers lay Hands on this Lamb of God, how they strip him of all his Cloaths, and tie him fast to a stony Pillar: See how they discharge upon his sacred Back and Shoulders innumerable Stripes, Lashes and Scourges; see how the Blood comes spouting forth on all Sides; see how his Body is all rent and mangled by their Cruelty, and the Flesh laid open to the very Bones: See how his Enemies are all the while insulting over him, and rejoicing at his Torments; whilst he, with his Eyes cast up towards Heaven, is offering up all that he suffers for their Sins, and for those of the whole World. Ah! Sinners, take a serious View of your Redeemer now, and see in his torn and mangled Body the Malice of Sin; and learn to detest this hellish Monster, which has brought the Son of God to all these Sufferings.

Consider, 2dly, How these bloody Russians having by this cruel scourging made
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our Saviour's Body one Wound from Head to Foot, loose him at last from the Pillar, leaving him to help himself on with his Cloaths as well as he can. Ah! Christians, pity now your Saviour's abandon'd Condition; who has no one to lend him a helping Hand to bind up his gaping Wounds, or stanch the Blood that comes flowing from them: O present yourselves now, and offer him what Service you are able: Offer at least to assist him in putting on his Cloaths to cover his green Wounds from the cold Air. But Oh! how rough are these woollen Cloaths to his wounded Back! Alas! instead of affording him any Ease or Comfort, they do but increase his Sores, by their rubbing upon them.

Consider, 3dly, How the bloody Soldiers had scarce given our Saviour a short Respite after his scourging, when they were push'd on by the Devil to act another Scene of Cruelty, such as never was heard of before or since: And that was, to make themselves a barbarous Sport, in crowning him for a King. Therefore they drag him into the Court of the *Prætorium*, and assemble together the whole Regiment;

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Regiment; then violently strip him again of all his Cloaths, which now began to cleave to his wounded Body; set him on a Bench or Stool, throw about him some old ragged purple Garment, twist a Wreath of long hard and sharp Thorns, and press it down on his sacred Head, put in his Hand for a Scepter a Reed or Cane: Then in Derision, coming one by one, they bend their Knees before him, with a scornful Salutation, *Hail, King of the Jews*; they spit in his Face, buffet him, and taking the Reed or Cane out of his Hand strike him with it on the Head, so driving the Thorns deeper in, whilst the Blood trickles down apace from the many Wounds which he receives from their Points. Sweet *Jesus*, what shall we here say, or which shall we most admire; the Malice of these Ministers of Satan, or thy unparallel'd Charity, which made thee undergo such unheard-of Reproaches and Torments for ungrateful Sinners? Blessed be thy Goodness for ever.

Consider, 4^{thly}, How *Pilate*, hoping now, that the Rage and Malice of the *Jews* would be satisfied, so as to insist no longer upon our Saviour's Death, after they

they should see with how much Cruelty and Contempt he had been treated in compliance to their Fury, leads him forth as he was, with his Crown of Thorns on his Head, and his ragged Purple on his Shoulders; and from an Eminence, shews him to the People with an *Ecce homo, Behold the Man*. Behold in what Manner he has now been handled, cease then to seek his Death any longer. Let his Body mangled from Head to Foot bespeak your Pity. But thou, Christian Soul, *behold the Man* with other Kind of Eyes than these hard hearted Wretches. And see to what a Condition thy Sins, and his own infinite Charity have reduced him. Behold his Head crown'd with a Wreath of sharp Thorns, piercing on all Sides his sacred Flesh, and entring into his Temples with excessive Pain. Behold his Face quite disfigured with blacks and blues, and all besmear'd with Spittle and Blood. Behold his whole Body inhumanly rent and torn with Whips and Scourges; and now covered with a hard ragged Garment, rubbing and at each Moment increasing his Wounds: And then look up, and contemplate him upon his Throne of
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Glory, and see what Return thou canst make him for having thus annihilated himself for the Love of thee. He desires no more of thee than an Imitation of his Patience and Humility : See, then, in what Manner thou art to practise these Lessons.

C H A P. XXIX.

Our Saviour carries his Cross, and is nail'd to it.

The Twenty-ninth DAY.

CONSIDER, *1st*, How the Malice of the *Jews* no ways relenting at the Sight of the Lamb of God bleeding for the Sins of the World, but continuing still in a tumultuous Manner to demand that he might be crucified, *Pilate* at last yields to their Importunity, and against his own Conscience sentences our Saviour to the Death of the Cross. Ah! Christians, has it never been your Misfortune by the like Cowardice to condemn your Saviour and his Doctrine, and basely to renounce in the Practice of your Lives

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the Maxims of his Gospel, for fear of what the World will say? Has not too often a much weaker Temptation, than the Fear of losing *Cæsar's* Friendship, induced you to crucify again the Son of God? Be confounded, and repent.

Consider, 2dly, How this Sentence of Death, how unjust soever from *Pilate*, yet as being most just from his eternal Father, and necessary for our Salvation, was received with perfect Submission, Charity and Silence, by our Redeemer. Who thereupon was immediately strip'd again of his purple Garment, and clad with his own Cloaths; and a heavy Cross, of Length and Bigness proportionable to the bearing a Man, was laid on his wounded Shoulders: And two Thieves or High-way Robbers were appointed to bear him Company, and to be executed with him: To verify that Prophecy, *with the wicked he was reputed*, *Isai. 53.* Come now, devout Souls, and take a view of your Lord in this his last Progress or Procession. A Crier leads the Way, publishing aloud the pretended Crimes and Blasphemies of this never heard-of Malefactor: Then follow the Soldiers and Executioners with Ropes,

Ropes, Hammers, Nails, &c. After whom goeth, or rather creepeth along, our High-Priest and Victim, all bruised and bloody, with a Thief on each Hand, and the Cross on his Shoulders, dragging it forward Step by Step; follow'd and surrounded on all sides by the Priests, the Scribes, and the whole Mob of the People, cursing, reviling, and scoffing at him: Whilst the cruel Hangmen are hastening him forward with their Kicks and Blows. Ah! Christians, now at least take pity of your Saviour's Sufferings, and add not to his Load by Sin.

Consider, 3dly, How our blessed Lord having for some time, with unspeakable Labour and Torment, carried his Cross through the Streets, at last falleth down under the Weight, unable to carry it any farther. Wonder not, my Soul, at this, since besides the Load of the Cross oppressing his wearied Body, wounded in every Part, and exhausted by the Loss of so much Blood, his heavenly Father has laid upon his Shoulders another more insupportable Weight, viz. that of the Sins of the whole World. Ah! Christians, 'tis under this intolerable Burthen that your Saviour faints and falls down.

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Nor is he any way eased of this merciless Load by *Simon of Cyrene*, who was compell'd to take up the Cross, but bore no Part of the Weight of our Iniquities; all which the heavenly Father laid upon his beloved Son, to be cancel'd with his Blood and Death. O infinite Goodness of the Father! O infinite Charity of the Son! to do and suffer so much for wretched Man. O my Soul, see thou never more be ungrateful to so loving a God.

Consider, 4thly, How our Saviour being now arrived on Mount *Calvary*, quite wearied and spent, the Ministers of Hell still persecute him with unwearied Cruelty: And whereas it was the Custom to give to the Criminals that were to die a strengthening Draught of Wine season'd with Myrrh, they contrived to mingle Gall with the Portion design'd for him. After which, they violently strip him of his Cloaths, which by this Time cleav'd fast to his Sores, opening again all his Wounds, and exposing him naked to Shame and Cold in the Sight of an immense Multitude. Draw nigh now, my Soul, and see him bleeding afresh for the Love of thee. O see how, while the

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Cross is preparing, he falls upon his Knees, and offers himself to his Eternal Father a bleeding Victim for to appease his Wrath enkindled by thy Sins.

Consider, 5thly, How the Cross lying flat on the Ground, they lay our dear Redeemer stretched out upon it, who like a meek Lamb makes no Resistance. And first drawing his Right-hand to the Place designed to fix it on, they drive with their Hammers a sharp gross Nail through the Palm of his Hand, forcing its Way with incredible Torment through the Sinews, Veins, Muscles and Bones, of which the Hand is composed, into the hard Wood of the Cross: In the mean time the whole Body, to favour that Wound and the pierced Sinews, was naturally drawn towards the Right-side, but was not long permitted to remain so; for immediately these cruel Butchers laying hold of his other Arm, and Hand, violently drag him towards the Left-side, in order to nail that Hand also to the Place design'd for it. Then pulling down his Legs, they fasten his sacred Feet in like manner with Nails to the Wood: And all this with such violent Cruelty, that 'tis thought with stretch-

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ing and pulling they very much strain'd his whole Body, and disjointed it in many Parts, according to that of the royal Prophet ; *They have dug my Hands and Feet ; they have numbered all my Bones,* Ps. 21. Ah ! Christians, if the contracting or piercing of any one Nerve or Sinew ; if the disjointing or displacing of any one Bone never so small be so cruel a Torture ; what must we think of the Torments which our Saviour endured in his disjointed Body ! What must we think of what he suffer'd, when his Hands and Feet, where so many Sinews, Muscles, Veins and Bones all meet, were violently bored through with gross Nails ? O ! let us never forget his Sufferings : O ! let us never cease to admire, adore, and love his Mercy.

CHAP. XXX.

Our Saviour on the Cross.

The Thirtieth DAY.

CONSIDER, *1st*, How the bloody Executioners, having now nail'd our Saviour fast to the Cross, begin with Ropes to raise him up into the Air. O! what Shouts did his Enemies now make, when he appear'd above the People's Heads? With what Blasphemies did they salute him? whilst his most afflicted Mother, and other devout Friends are pierced to the Heart at the Sight. At length they let the Foot of the Cross fall into the Hole prepared for it, with a Jolt, by which our Saviour's mangled Body was not a little injured, and the Wounds of his Hands and Feet widen'd. And thus he now hangs pois'd in the Air in most dreadful Pangs and Torments, the whole Weight of his Body sustain'd by his pierced Hands and Feet, by which his Wounds are continually increased; No Place to rest his Head on, but upon Thorns; no other Bed for his wearied and wounded Body, but the hard Wood of the Cross.

Consider,

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Consider, 2dly, The infinite Charity of our Saviour, and the unparallel'd Malice of his Enemies. He amidst his Torments cries out, *Father forgive them, for they know not what they are doing.* They grin and shake their Heads at him, saying, *Vah! Thou that destroyest the Temple of God, and canst rebuild it again in three Days, save now thyself. If thou art the Son of God, come down from the Cross:* With a thousand other Reproaches and Blasphemies, with which he is loaded, not only by the common People and Soldiers, but also by the chief Priests, Scribes, and Elders; which he hears, and bears in Patience and Silence. But O! who can tell us the interior Employment of his blessed Soul all this while that he hangs upon the Cross? His Thoughts of Peace towards us, his Prayers for us, the Anguish and dreadful Agonies of the inferior Part of his Soul, and the inexpressible Joy in the supreme Part thereof, in the Glory of his Father, which was to arise from that plentiful Redemption, which he was then imparting to poor Sinners.

Consider, 3dly, The Part that the blessed Virgin-Mother bore in the Sufferings of her Son: And how truly here was verified
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that Prophecy of old *Simeon*, *That the Sword should pierce her very Soul*. O! how killing a Grief must have oppress'd this most tender, and most loving of all Mothers, when during the whole Course of the Passion of her dearest Son, whom she loved with an incomparable Love, she was an Eye-Witness to all the Injuries, Outrages and Torments that he endured. Ah! blessed Lady, may we not truly say, that the Whips, Thorns and Nails, that pierced thy Son's Flesh, made as deep a Wound in thy Virgin Heart; and that nothing but a Miracle could have supported thy Life under such Excess of Pain? But O! what a deep Wound didst thou feel in thy Soul, when thy dying Son recommended thee to his beloved Disciple *St. John*; giving to thee the Son of *Zebedee* in exchange for the Son of God? Blessed Virgin, we gladly acknowledge thee for our Mother, bequeath'd to us all in the Person of *St. John*: O! by all thy Sufferings, remember us poor banish'd Children of *Eve*, before the Throne of Grace! Christians, learn the admirable Lessons which your Lady teaches you at the Foot of the Cross; learn her unshaken Faith, and undoubted Hope; learn

178 *Our Saviour on the CROSS.*

learn her perfect Resignation, Patience and Fortitude. O! learn from her to love *Jesus*, and detest Sin, the true Cause of all his Sufferings.

Consider, 4thly, How all Things seem now to have conspired against our dearest Lord. His Father has forsaken him: His Mother's Presence and Grief pierce him to the Heart. As for his own Apostles, one of them has betray'd him; another has denied him; all have abandon'd him: His Friends, and those whom he had most favour'd, and miraculously cured, now either join with his Persecutors, or at least are ashamed of him: His Enemies triumph and insult over him. His own Body by its Weight is a Torment to him. But what most of all afflicts him, is to see the Ingratitude of Christians, the little Benefit they will make of his Death and Passion, and the eternal Loss of so many Souls redeem'd by his precious Blood. Ah! sweet *Jesus*, suffer me not to be one of that unhappy Number: Suffer me not to be so miserable, as to join with thy Enemies in crucifying thee by Sin!

Consider, 5thly, The Lessons that our Saviour gives us by his last Words upon
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the Cross. 1st, Of perfect Love and Charity to his Enemies, by praying for them, and excusing them to his eternal Father: *Father forgive them, for they know not what they do.* O let us learn from our dying Redeemer this necessary Lesson, to love and pray for those that hate and persecute us; and instead of aggravating their Crime, to excuse it, and impute it to their Ignorance: O! how true is it of every Sinner, *he knows not what he is doing*: Otherwise he would never dare to fly in the Face of infinite Majesty; he would never be so mad as to renounce Heaven for a Trifle, and cast himself down the Precipice that leads to Hell. 2^{dly}, Learn the Efficacy of a sincere Conversion, and an humble Confession of Sins, in the plenary Indulgence given by our dying Saviour to the good Thief. *Amen I say unto thee, this Day thou shalt be with me in Paradise.* 3^{dly}, Learn a filial Devotion to the Virgin-Mother, recommended to us all by her Son, in the Person St. John, *Behold thy Mother.* 4^{thly}, Learn the Greatness of the interior Anguish of thy Saviour's Soul from those Words, *My God, My God, why hast thou forsaken me?* Alas!

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it was for no other Reason, but that poor sinful Man might not be forsaken. *5thly*, From that Word of thy crucified *Jesus*, *I thirst*, take notice of two violent Thirsts, which thy Saviour endured upon the Cross; the one corporal, proceeding from his having fasted so long, passed through so many Torments, and shed so much Blood; the other spiritual in his Soul, by the vehement Desire of our Good and Salvation. But O! cruel Wretches, who would give him nothing but Vinegar to quench his corporal Thirst! More cruel Sinners, who instead of satisfying his spiritual Thirst by Gratitude and Devotion, give him nothing but the Gall and Vinegar of Sin and Wickedness! *6thly*, From these Words of our dying Saviour, *it is consummated*, learn to rejoice that the whole Work of Man's Redemption is now perfected; that the Figures and Prophecies of the Law are all fulfill'd; and the Hand-writing that stood against us is now compleatly cancel'd by the Blood of our Redeemer. *7thly*, From those last Words of our expiring Lord, *Father, into thy Hands I commend my Spirit*, learn both in Life and Death to commit thyself wholly to thy God. Happy

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py they, that study well these Lessons, which their great Master teaches them from the Chair of his Cross!

C H A P. XXXI.

On the Death of our Saviour.

The Thirty-first DAY.

CONSIDER, 1st, How our Lord having spoken those last Words, *Father, into thy Hands I commend my Spirit*, with a loud and strong Voice; leaning down his Head in perfect Submission to his Father's Will, and perfect Charity to us poor Sinners, to whom in this Posture he offer'd as it were the Kifs of Peace, breath'd forth his pure Soul, and thus ended his mortal Life; which, from the very first Moment, till now, had been nothing else but a Series of Sufferings endured for us. Run in now, my Soul, and approach boldly to thy Redeemer, kifs his sacred Feet, view his pale Limbs, count at leisure all his Wounds, and lament thy Sins, for which he suffer'd them all.

Consider, 2^{dly}, In the Passion of our Saviour, the Truth of those Words, which

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he

he himself deliver'd upon another Occasion,
He that shall humble himself shall be exalted:
And see how our Lord, having humbled
himself to the Death of the Cross, was
even at that very time honour'd and ex-
alted by his heavenly Father, and that
many ways. For during the Time that
he was upon the Cross, the Sun for three
whole Hours withdrew his Light ; and at
his Death the Earth trembled, the Rocks
were split, and the Monuments were
open'd: The Veil of the Temple, which
hung before the Sanctuary, was rent from
top to bottom ; the People touch'd with
these Wonders went home knocking their
Breasts ; and the Centurion, or Captain
of the Guards, publickly professed, that
this Man, whom they had crucified, was
truly ~~the~~ Son of God. Rejoice, Christian
Soul, to see thy Saviour's Death thus ho-
nour'd ; and learn under all Events to con-
fide in God, who will make all the Ma-
lice of thy Enemies turn at last to thy Ho-
nour and Advantage. Sit now down at the
Foot of the Cross, and there at leisure,

Consider, 3dly, And repeat in thy Mind
the Multitude and vast Variety of Suf-
ferings, which thy Saviour has endured
for

for thee, from his Entrance into the Garden of *Gethsemani*, till his expiring on the Cross. View them one by one, and thou shalt see that not one Part of his sacred Body (which being the most perfect, was at the same time the most tender and most sensible of Pain of any that ever has been) was free from its peculiar Torment. His Head was crown'd with Thorns; his *Face* defiled with Spittle, all bruised, and black and blue with Blows; his *Hair* and *Beard* pluck'd and torn; his *Mouth* drench'd with Gall and Vinegar; his Shoulders oppressed with the Weight of the Cross; his Hands and Feet pierced with Nails; his whole Body exhausted with a bloody Sweat; mangled and laid open with Whips and Scourges; his Limbs wearied out, and all disjointed upon the Cross. What he suffer'd in his Soul was not one Jot less, but rather infinitely more, than what he suffer'd in his Body. Witness, that mortal Anguish which cast him into his Agony in the Garden; witness, that grievous Complaint on the Cross, *My God, My God, why hast thou forsaken me?* He suffer'd moreover in his Reputation (which is often dearer to a Man than Life) by false Wit-
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nesses,

nesses, and outrageous Calumnies and Impositions : He suffer'd in his Honour by all Kind of Reproaches and Affronts : He suffer'd in his Goods, being despoil'd of his very Cloaths, and hanging naked upon the Cross : He suffer'd in his Friends, being forsaken by them all : Not to speak of other Sufferings, which are usually most sensible to Flesh and Blood, *viz.* the Ingratitude of those whom he had favour'd with his Miracles, the Triumphs of his Enemies, their Insults over his Disciples, &c. And in all those Sufferings, he denied himself those Comforts which he usually affords his Servants under their Crosses, and which have made the greatest Torments of the Martyrs not only tolerable, but oftentimes sweet and comfortable. But he would allow himself no other Comfort, but that of doing the Will of his Father, and purchasing our Redemption.

Consider, 4thly, Who it is that suffers all this ; and thou shalt find that he is the eternal Son of God ; equal and consubstantial to his Father ; the great Lord, and Maker of Heaven and Earth, infinite in Power, infinite in Wisdom, infinite in all Perfections.

Perfections. But for whom does he suffer all this? For poor Man, a wretched Worm of the Earth; for ungrateful Sinners, Traytors to his eternal Father, and to himself; for those very *Jews*, that crucified him; for us Mortals, who for the most part were never like to thank him, or even so much as think of his Sufferings. O! how admirable art thou, O Lord, in all thy Ways, but in none more than in the Contrivances of thy Mercy! O! how does this Passion of our Redeemer set out, and illustrate all the Attributes of God! 'Tis here we discover his infinite Goodness and Charity, in thus wonderfully communicating himself to us, and laying down his own Life for us. 'Tis here we discover his unparallel'd Mercy, in taking upon himself our Miseries, and enduring the Stripes due to our Sins. Here we see the admirable Wisdom of his Providence, in opening to us, by his own Death, the Fountains of Life. Here we learn to fear his Justice, which fell so heavy upon his own Son, who had but cloath'd himself in the Resemblance of a Sinner, in order to make Atonement for our Sins. O! what must the Guilty themselves one Day

expect at his Hands, if they don't prevent the Terrors of his Justice, by laying hold of his present Mercy?

Consider, 5thly, In the Sufferings of thy Saviour the infinite Malice, the unparallel'd Heinousness of mortal Sin, which was not to be cancel'd, but by the last Drop of Blood of the Son of God. This is one of the chief Lessons, which thy Saviour desires to read thee from the Cross; thou canst not please him better, than by studying well this great Lesson. O! never be so ungrateful, as to crucify him again by mortal Sin. O! let not that Monster live in thee, for the destroying of which, *Christ* himself would die.

Rules

Rules of a Christian Life,

To be observed by all that desire to secure to themselves a happy Eternity.

1. **S**ettle in thy Soul a firm Resolution upon no account whatever to consent to mortal Sin. This Resolution is the very Foundation of a virtuous Life: Whosoever is not arrived thus far, has not yet begun to serve God. Without this Resolution, 'tis in vain for any one to flatter himself with the Hopes of living holily, or dying happily.

2. In order to enable thyself to keep this Resolution, be diligent in flying all dangerous Occasions, such as bad Company, lewd or profane Books, immodest Plays, &c. *For he that loves the Danger, shall perish in it, Eccl. 3. v. 27.*

3. Watch all the Motions of thy Heart, and resist the first Impressions of Evil; keep a guard upon thy Senses and thy Imagination, that the Enemy may not surprise thy Soul by these Avenues. Contemn not small Faults, lest by degrees thou fall into greater.

4. Fly

4. Fly an idle Life, as the Mother of all Mischief, and take it for a certain Truth, that an idle Life will never bring a Christian to Heaven.

5. Never omit upon any account thy Morning and Evening Prayers. In the Morning remember always to present to God the first Fruits of the Day, by giving him thy first Thoughts: Make an Offering to him of all the Actions of the Day; and renew this Oblation at the Beginning of every Thing thou doest. *Whether you eat or drink, says St. Paul, 1 Cor. 10. v. 31. or whatever else you do, do all for the Glory of God.*

6. In thy Evening Prayers, make a daily Examination of thy Conscience, calling thyself to an account how thou hast passed the Day; and whatever Sins thou discoverest, labour to wash them away by penitential Tears, before thou layest thyself down to sleep. Who knows but that Night may be thy last? In going to Bed, think on the Grave; compose thyself to rest in the Arms of thy God; and, if thou wake in the Night, raise thy Thoughts to him, who is always watching over thee.

7. Besides

7. Besides thy Morning and Evening Devotions, set aside some Time in the Day for Prayer, more particularly *Mental*, by an interior Conversation of thy Soul with God, her only true and sovereign Good. In the midst of all thy Employments, keep thyself as much as possible in the Presence of God, and frequently aspire to him by short Ejaculations. Read often spiritual Books, as Letters or Messages sent thee from Heaven. And, if thy Circumstances permit, assist daily at the Sacrifice of the Mass.

8. Frequent the Sacraments at least once a Month, and take special Care to prepare thyself to receive them worthily.

9. Have a great Devotion to the Passion of *Christ*; and often meditate upon his Sufferings.

10. Be particularly devout to his blessed Mother; take her for thy Mother, and seek upon all Occasions her Protection and Prayers: But learn withal to imitate her Virtues.

11. Study to find out thy predominant Passion, and labour with all thy Power to root it out.

12. Let

12. Let not a Day pass without offering to God some Acts of Contrition for thy past Sins : And strive to maintain in thy Soul a penitential Spirit.

13. Beware of Self-love as thy greatest Enemy : And often use Violence to thyself by Self-denials and Mortifications: Remember the Kingdom of Heaven is not to be taken, but by Violence, St. *Mat. 11. v. 12.*

14. Give Alms according to thy Ability. *For Judgment without Mercy to him that has not shewed Mercy, St. James 2. v. 13.* Set a great Value upon spiritual Alms-deeds, by striving all thou canst to reclaim unhappy Sinners; and for that end daily bewail their Misery in the Sight of thy God.

15. Be exact in all the Duties of thy Calling, as being to give an Account one Day to that great Master, who has allotted to each one of us our respective Station in his Family.

16. Remember always *thy last Things, and thou shalt never sin, Eccl. 7.*

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